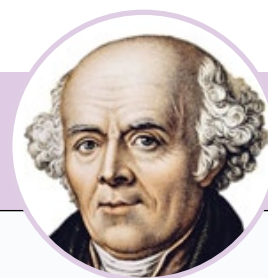




RATIONAL PHYSICIANS

A FREE PDF QUARTERLY SCIENTIFIC AND NEWS JOURNAL
INDIAN INSTITUTE OF HOMOEOPATHIC PHYSICIANS



Happy
Doctor's Day

Image Credit: freepik.com



IIHP : By the Doctors, For the Doctors

- OH HOMOEOPATH, BE RATIONAL
- BOWEL NOSODES
- ABUSE IN PREGNANCY & AUTISM
- GLAUCOMA AND HOMOEOPATHY
- HYPOTHYROIDISM
- HAHNEMANN: A TRIBUTE

THIS IS
THE SIGN
YOU'VE BEEN
LOOKING FOR



JOIN THE INDIAN INSTITUTE OF HOMOEOPATHIC PHYSICIANS

IIHP : The Professional Association of the Institutionally Qualified Homoeopaths

www.iihp.in

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Dr Sudhanshu Arya

Managing Editor

homoeospan@yahoo.com

KEY NOTES

The Editorial

Since February 2023 you must have seen many changes in IIHP, starting with the changes in Central Executive Committee. Now you have a new editorial board taking care of the activities at your beloved journal. Plus we have a new committee taking care of the improvement in education through IIHP in the form of the IIHP Mission Committee. In the same spate we have a new Scientific Committee of IIHP to back all the activities of IIHP with scientific attitude and accuracy.

If you are a regular visitor to the IIHP website you must be aware of so many seminars and webinars that took place in this three months' time. We have posted news in the news section and photos in the photo-gallery.

We have been celebrating master Hahnemann's birthday since ever but on his death anniversary which falls on 2 nd July we must review and analyse the kind of homoeopathy we are practicing. Is it in tune with the principles laid down by great master? In this regard a special address from the National President must be a great reminder where he highlights the relevance and importance of Organon in our day to day practice.

Just a day before this on 1 st July falls the National Doctors Day for Indians. Keep on reviewing and renovating the homoeopathy and try to be a good doctor, always.

We hope you will find this issue of Rational Physicians informative and useful. Waiting for your feedback.

Dr Sudhanshu Arya

Managing Editor

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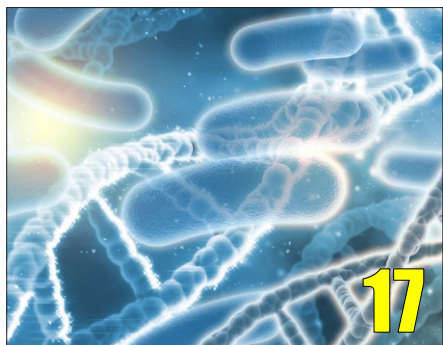
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RATIONAL PHYSICIANS

July - September 2023 | Contents



3 Editorial

5 Oh Homoeopath, Be Rational

8 News and Upcoming Events

16 Letters to the Editor

17 Clinical Experiences with Bowel nosodes

18 Treatment of Bronchial Asthma: A Clinical study

23 Abuse in Pregnancy & Autism

24 Glaucoma and Homoeopathy

26 Case of Hypothyroidism

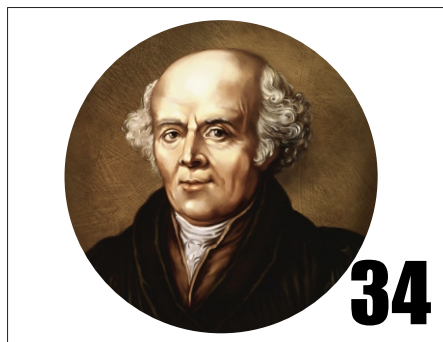
30 Calendula officinalis

32 Significance of #284 Footnote

34 Hahnemann: A Tribute

37 Future of Homoeopathy

38 Quiz



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Oh Homoeopath, Be Rational!



From the Desk of National President

Dr. Sayed Tanvir Hussain.

MD (MM), MD (Organon), MD (Repertory), Ph.D. Scholar.

Chief Consultant, Dr Tanvir's Homoeopathic Cancer Care Centre. Malerkotla, Punjab

Friends, a person who does not bother about the principles of any science, cannot practice it judiciously and therefore cannot be benefitted by that science. Same is with homoeopathy. The Principles of homoeopathy are explained in Organon of Medicine. Those who follow them in their practice are more successful than those who do not.

Now let us see what is rational? To be rational is to be able to think clearly and make decisions based on reason rather than emotions. Synonyms of rational are, intelligent, reasoning, reasonable, thinking, logical, analytical, mental, analytic. Dr Hahnemann used this word rational many times in our Organon as follows:

To be rational is to be able to think clearly and make decisions based on reason...

- Rational treatment,
- Rational medicine,
- Rational manner,
- Rational practitioner,
- Rational healing art and
- Rational physician etc.

Now what is the Rational Physician? There are many qualities which every physician should have, but in addition to those qualities, if any

homoeopath follows, our Master's instructions, which he gives in aphorism no. 83 of 6 th edition of Organon, then he can be a Rational Physician. Hahnemann says, "This individualizing examination of a case of disease,....., demands of the physician nothing but **freedom from prejudice and sound senses, attention in observing and fidelity in tracing the picture of the disease.**"

We should ask ourselves before giving any medicine to the patient why this medicine only ?

Why I have taken this Aphorism only, is because there are many physicians who do not take the complete case of the patient and prescribe the medicine quickly. They do not bother to collect the PQRS of the case, which are scattered here and there in the whole symptomatology of the patient. It is due to the following reasons:

- Lack of knowledge of Aphorisms no 82 to 104.
- Lack of time due to large number of patients and
- To make show of their knowledge and in this way to impress others.

We know that there are many ways to prescribe the medicine. Few of the physicians, who prescribe the medicine in haste or without considering the totality of the patient claim to be "**The Stalwarts**" or "**Great Physicians of the Day**". But actually many of them are **Boasters**. They talk in a manner, showing too much pride and satisfaction about their abilities. They magnify their abilities and accomplishments out of proportion to their importance. I have seen few such **Boasters** in many seminars saying Dr. Tanvir, "See that person is Lycopodium", "you know that person is Nux vomica" and that is Sulphur etc. without knowing least about them. I remember I was attending a female patient in a medical camp. Next to me was sitting a senior homoeopath. I was taking the case and this doctor sitting next to me said Dr. Tanvir, give her Sepia. I kept quiet and asked few more questions to the patient. Then he said Dr. Sahib give her Nat mur. I kept quiet and listened more to the patient. Then he said no, no give her Nux vomica. And believe me the medicine which that lady received was the 6 th or 7 th medicine he advised me. This kind of irresponsible attitude can impress the neophytes but not a Rational Physician. We should ask ourselves before giving any medicine to the patient why this medicine only? We should justify our prescriptions. Many teachers quickly advise certain medicines to their patients in front of their students just to impress them. But in this way they show their own ignorance only. One old experienced homoeopath told me Dr. Tanvir I prescribed Pulsatilla to a patient of CRF. I said why Pulsatilla? He was thirst less, was the reply. He prescribed Phos to a patient who liked cold milk. I asked him sir do you know only one medicine in the whole Materia Medica which is thirst-less and only one medicine which desires cold milk. It means you are unaware of the rest of the medicines. It does not prove your experience rather it proves your ignorance. Why don't you open the repertory and see the other possibilities also? But many of them are **Not Habitual** to use repertory. I know repertory alone cannot decide the medicine until it is consulted with Materia Medica. But it opens out more possibilities. The need of repertory was felt even by Our Master when the number of medicines was only 27. And today our **So Called Teachers of Homoeopathy** remember all the symptoms of all medicines by their mind. I salute

Why don't you open the repertory and see the other possibilities also?

Now coming back to aphorism number 83, Hahnemann says that one should not be prejudiced to prescribe the medicine. But many of us, yes, are prejudiced. This is very harmful for the patients as well as for the doctor. Many such prejudiced physicians have experience with certain medicine for some particular ailments. They even advise those same medicines on the basis of disease diagnosis. They claim very high or say we have used it with great success. But my point is we are treating the sick and not the sickness. So we should focus the sick and not the sickness while prescribing. Hahnemann has warned us against prejudice in his Organon of Medicine. But who listens to Hahnemann? Many of us do not. The result is that we are getting partial results.

Many doctors are famous for attending large no of patients per day. Regarding this our Master says in footnote to Aphorism no 104 of 6 th edition of Organon of Medicine. Though this footnote was written for allopathic doctors who do not have time and knowledge of importance of minute detail of all the circumstances of patients. But this footnote is equally applicable for most of our today's practitioners. Hahnemann says:

"The old school physician gave himself very little trouble in this matter in his mode of treatment. He would not listen to any minute detail of all the circumstances of his case by the patient; indeed, he frequently cut him short in his relation of his sufferings, in order that he might not be delayed in the rapid writing of his prescription, composed of a variety of ingredients unknown to him in their true effects. No allopathic physician, as has beensaid, sought to learn all the minute circumstances of the patient's case, and still less did he make a note in writing of them. On seeing the patient again several days afterwards, he recollected nothing concerning the few details he had heard at the first visit (having in the meantime seen so many other patients labouring under different affections); he had allowed everything to go in at one ear and out at the other. At subsequent visits he only asked a few general questions, went through the ceremony of feeling the pulse at the wrist, looked at the tongue, and at the same moment wrote another prescription on equally irrational principles, or ordered the first one to be continued (in considerable quantities several times a day), and, with a graceful bow, **he hurried off to the fiftieth or sixtieth patient he had to visit, in this thoughtless way, in the course of that forenoon.** The profession which of all others requires actually the most reflection, a conscientious, careful examination of the state of each individual patient and a special treatment founded thereon, was conducted in this manner by persons who called themselves physicians, **rational practitioners.** The result, as might naturally be expected, was almost invariably bad; and yet patients had to go to them for advice, partly because there were none better to be had, partly for fashion's sake."

...a conscientious,
careful
examination of
the state of each
individual patient
and a special
treatment
founded thereon,
was conducted in
this manner...

Apart from this Master says that sound senses and attention in observing the patient is very much required. But sometimes when patient speaks about his problem, some of us are not giving full attention to him. Many of us are busy with their mobile phones and listening to the patient. Master says, when you are listening the patient, Listen Only. At the end I would like to say that to be a successful physician, one has to be Rational Physician.

NEWS & UPCOMING EVENTS



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IIHP Various Committees formed



In February 2023 following the election of a new Central Executive the IIHP got busy in formulating various committees to make things happen at different fronts. The following committees were formed and given charge during Hyderabad CEC.

IIHP Scientific committee

Dr Muktinder Singh	Chairman
Dr Niranjana Mohanty	Member
Dr L K Nanda	Member
Dr Sripad Hegde	Member
Dr G Srinivasulu	Member
Dr Maneesha Solanki	Member
Dr Hiralal Agarwal	Member
Dr Adil Chimthanwala	Member
Dr Pankaj Agarwal	Member
Dr P Kameshwar Rao	Member
Dr Kaumudi Padmamala	Member Secretary
Padmashree Dr V K Gupta	Ex Officio Member
Dr Tanvir Hussain	Ex Officio Member
Dr Sudhanshu Arya	Ex Officio Member


Rational Physicians Editorial Board

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Dr Anil Sharma	Member
Dr Nayeem Unnisa Begum	Member
Dr V Padmaja Rao	Member


IIHP Mission committee

Dr Santhosh Kumar	Director
Dr V K Chauhan	Co-Director
Dr Nishikant Thape	Co-Director
Dr Rajesh Sofat	Co-Director
Dr Sameer Chaukar	Co-Director
Dr Randeep Nanda	Co-Director
Dr Rashid Akhtar	Co-Director
Dr Navnit Bidani	Co-Director
Dr Lubna Kamal	Co-Director
Dr Satish Krishna	Member Secretary
Dr Dushant Trigotra	Member Secretary
Dr Tanveer Hussain	Ex Officio Member as National President
Dr Sudhanshu Arya	EX Officio Member as National Secretary General

Webinar with Dr Adil Chimthanwala



INDIAN INSTITUTE OF HOMOEOPATHIC PHYSICIANS & ONTARIO HOMOEOPATHIC MEDICAL ASSOCIATION, CANADA
Jointly presents free live



INTERNATIONAL WEBINAR

HOMOEOPATHY ON CARDIOLOGY

DR. ADIL CHIMTHANAWALA
M.D., DNB CARDIOLOGY

On Sunday the 23rd April 2023
from 7.30 pm to 9.30 pm (India time)

Moderator
Prof. Dr. Bhupinder Sharma M.D (Hom)

RSVP
Prof. Dr. Muktinder Singh, Chairman Scientific Committee
Prof. Dr. Santhosh Kumar, IIHP Mission Director
Dr. Tanvir Hussain, National President IIHP
Dr. M. A. Rao, International Chief Coordinator, IIHP
Dr. Saroj Gandhi, President OHMA

(ZOOM Link will be shared in due course)

IIHP in association with Ontario Homoeopathic Medical Association, Canada organized a webinar on Homoeopathy in Cardiology with Dr Adil Chimthanwala on 23rd April 2023. It was again one very successful webinar and liked by many doctors. It was moderated by Prof Dr Bhupinder Sharma.

NEWS & UPCOMING EVENTS



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Hisar Seminar



IIHP Haryana – Hisar District Unit in association with PREACH [Pacific Research Academy of Classical Homoeopathy] organized a one day seminar in Hisar, Haryana on 4th June 2023. The main speaker was Dr Sidar Singh, an eminent homoeopath from Firozpur, Punjab. The Topic of the seminar was Applied Homoeopathy in Genetic Disorders.

Dubai Seminar



Homoeopathy Middle East {HME} and the Indian Institute of Homoeopathic Physicians {IIHP} together proudly organized the 2nd International Homoeopathic Scientific Seminar which was held in Dubai on the 7th and 8th of May 2023 in India Club, Dubai, UAE.

This event was held under the leadership of the Dr Santhosh Kumar, Chairman of the Conference Committee, Dr Vaneeta Shahani, Convener of the Conference Committee, Dr Ehab Makki, Convener of the Scientific Committee and Dr Ritu Manchanda, Organizing Secretary of the Conference Committee with the support of Dr. Tanvir Hussain,

NEWS & UPCOMING EVENTS



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National President of IIHP and Dr M.A.Rao, Former president IIHP and Current International Chief Coordinator of IIHP.

The inauguration ceremony was conducted by the MC Dr. Halowine Coelho, a Senior Homeopath of UAE.

This conference was a 2 days event, showered with knowledge of 26 eminent speakers and delegates from different parts of India and Middle Eastern countries like UAE, Oman and Qatar. Very importantly, 9 CME points were credited by Dubai Health Authority for this 2 days International Seminar which is a mandatory requirement for all licensed practitioners in UAE.

The Theme of the International Homoeopathic Scientific Seminar was "Homoeopathy – The true Personalized Medicine of the Century" & based on this theme learned speakers touched upon various topics.

SNJB's Smt KB Abad Homoeopathic College Awarded 'The Best College in the State of Maharashtra'



Maharashtra University of Health Sciences, Nashik, has conferred its first and prestige honor for the "Best Homeopathic College" in the state of Maharashtra has given in the Silver Jubilee ceremony of MUHS to SNJB's Smt. K B Abad Homeopathic Medical College, Chandwad by the Union Minister of State for Health Hon'ble Dr. By Bharti Tai Pawar to President of the Institute Mr. Bebilalji Sancheti, Vice-President Dineshji Lodha, Chairman Mr. Ajitkumar Surana, Principal Dr. A.O. Dahad. It was conferred in the university in the presence of Medical Education Secretary Dr. Ashwini Joshi, National Medical Commission, New Delhi President Dr. Vanikar, Vice-Chancellor Dr. Madhuri Kanitkar, ProVC Dr. Milind Nikumbh, AYUSH Director Dr. Raman Ghungalkar.

Speaking on the occasion along with Abhinandan, Dr. Bharatitai Pawar mentioned that this award inspires and encourages homeopathic medical education.

On the basis of Research, medical services, social activities, excellent results etc. in the last 5 years of the college this college was selected. It's the result of conviction, commitment & dedication of SNJB family.

SNJB Trustees Dr. Vivekji Jain, Mr. Kantilalji Bafna, Mr. Nandkishorji Bramhecha, Coordinator Dr. Sunilji Bagrecha, Mr. Sumtilalji Surana, Mr. Shantilalji Alizad, Mr. Sunilji Chopda, Mr. Zumberlalji Bhandari, Mr. Vardhamanji Lunkad, Mr. Prakashji Bokdia, Administrative Officer Mr. Pramodji Galankar, College teachers, non-teaching staff and students were present.

NEWS & UPCOMING EVENTS



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Nagpur Seminar



A one day Maharashtra state seminar along with a CME were organized by the Nagpur district Branch of IIHP on 4th June 2023. Many stalwarts of homoeopathy and many dignitaries of IIHP were present at this occasion.

Webinar with Dr Parvin Jain – OHMA

INDIAN INSTITUTE OF HOMOEOPATHIC PHYSICIANS & ONTARIO HOMOEOPATHIC MEDICAL ASSOCIATION, CANADA

FREE INTERNATIONAL WEBINAR
On Sunday the 28th May 2023
from 7.30 pm to 9.30 pm (India time)

Topic
Homoeopathic Approach
Autism
Speaker
Dr. Pravin Jain M.D (Hom)
Renowned Homoeopathic Pediatric Practitioner
MUMBAI

ZOOM Link will be shared in due course

Moderator
Prof. Dr. Bhupinder Sharma M.D (Hom)

RSVP
Prof. Dr. Muktinder Singh, Chairman Scientific Committee
Prof. Dr. Santhosh Kumar, IIHP Mission Director
Dr. Tanvir Hussain, National President IIHP
Dr. M. A. Rao, International Chief Coordinator, IIHP
Dr. Saroj Gandhi, President OHMA

Another free international webinar in the series of webinars organized in association with Ontario Homoeopathic Medical Association, Canada was organized by IIHP on the topic of Homoeopathic Approach to Autism 28th May 2023. The speaker was renowned paediatrician Dr Pravin Jain. It was again one very successful webinar and liked by many doctors. It was moderated by Prof Dr Bhupinder Sharma.



Hyderabad Seminar



From the desk of
Dr Nayeem unnisa Begum
IIHP Editorial Board Member for Rational Physician

Report of Hyderabad Seminar

The Indian Institute of Homeopathic physicians Telangana state branch 3rd state conference held on 25th June 2023 Sunday at Vijaya Indira Imperia conference hall

Ramanthapur Hyderabad marks a great academic feast under the leadership of newly elected IIHP National president Dr syed Tanvir Hussain sir as a pioneer to forefront Homoeopathy in most challenging cancer cases

organized by IIHP Telangana state branch and Greater Hyderabad chapter this conference was a perfect blend of information to the insight of evidence based homeopathy in present scenario.

Indian Institue of Homoeopathic Physicians (IIHP) is one of the largest registered and recognized professional Organizations of India striving for the cause and development of Homoeopathy since 1944.

This Organization is exclusively established for the benefit of Institutionally qualified Homoeopathic graduates in India. IIHP was in the forefront in getting recognition for Homoeopathy in India. This organization Strived for the formation of various committees in the Ministry of Health, such as CCH, CCRH, NIH and so on. The Organization is the brain child of late Padmashree Dr. K. G. Saxena and Late G. L. N. Sastry who have spent their whole life for the development and dignity of Homoeopathy in the country.

NEWS & UPCOMING EVENTS



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IIHP Telangana State Branch has successfully conducted several national conferences, seminars, workshops, public health camps and CME programs at Hyderabad

The August gathering began With deepest gratitude and welcome to the Chief guest Dr LINGARAJU garu Addl Director AYUSH, and Dr.M.A.Rao garu International chief coordinator, IIHP National president Dr Tanvir Hussain sir, National finance secretary Dr.Mahesh Pagadala garu and National vice president Dr KSS Siva Murthy garu , National joint Secretary Dr Rajendra Prasad garu. Esteemed presence of other dignitaries on the dias and of the dias, and the florescent delegates.

The pleasant morning had traditional beginning with lighting lamp, paying tribute to esteemed departed souls (IIHP) and podium was floored by gorgeous and vibrant anchor Dr priyadarshini who Mastered the ceremony resonating with the synchrocity of all events . The talent and hard work of all the dignitaries on the dias and of the dias was appreciated and recognized by presentating token of love with warm and humble felicitation . The entire organizers team was appreciated for there sheer dedication and commitment for making the conference achieve it's motive.

The long kept waiting eagerly for Dr Syed Tanvir Hussain sir was accomplished with a Best shayeri quoted as

"Kaun Kahta hai ke Aasmaan mein suraqh nahi hai Yaro,
Kabhi tabiyat se patthar to maro yaro"

Scientific Session was the key to the insight of conference

Session 1 Dr.K.G.K.Sastry Memorial Scientific Session.

Role of Homoeopathy in cancer cases with LM potency by

Prof. Dr. Sd. Tanvir Hussain M.D (M.M), M.D (Org), M.D (Rep), Ph.D,. National President IIHP.

India has witnessed a galaxy of various medical practices apart from Allopathy (conventional medicine) AYUSH is an integrative and complementary system of medicine.

Homoeopathy is the second largest system of medicine practiced throughout the globe And third largest practiced in india with the success of homoeopathy as preventive and curative in epidemics and pandemics covid 19 a revolution in the homoeopathic system of medicine is witnessed . Present century medical practice demands professional integration and collaboration of all medical fraternities to restore the sick to health.

Dr syed Tanvir Hussain sir with his evidence based Scientific presentation of cancer cases enlightened the minds asserting the Role Of Homeopathy In successfully treating Cancer cases with LM Potency which rated the summit and threshold of homeopathic success in cancer management there by enhancing quality of life in cancer patients.

Session II Dr.N.S.Prasant Memorial Scientific Session

Approach to Patients with Acute Coronary Syndrome (ACS) by

Dr. G. Ramesh M.D., D.M(NIMS), FACC,FSCAI. Senior Consultant Cardiologist, Yashoda Hospital, Hyderabad.

2nd session floored by Dr .G. Ramesh deliberately highlighted critical approach in Acute cardiac emergency through most accurate and reliable biochemical and electrocardiological parameters. Since every doctor should be skilled in handling Acute medical emergencies with ACLS the speaker focused need of the hour in critical approach and care given to victims of cardiac emergency.

NEWS & UPCOMING EVENTS



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Dekhi hai saari duniya Japan se leke India par Hyderabad jaisa khana kahin nahi.

Deliciously served lunch was a great feast for all.

Session III Dr.Srinivas Rao Memorial Scientific Session

Different types of Prescriptions by

Prof. Dr. S. Praveen Kumar M.D. (Hom), Ph.D, Rtd. Principal, JSPS Govt. Homoeopathic Medical College, Hyderabad.

Though it was a Post lunch session yet Dr. S. Praveen Kumar sir who with frank and simpler ways to case taking made everyone alert and enthusiastic presenting evidence based laboratory investigations before and after treatment.

Session IV Dr. Narayan Reddy Memorial Scientific Session

Homoeopathy in Psychiatry by

Dr. G. Chandrasekhar Rao MD (Hom), Ph.D

The art of presenting and deliberation by Dr. G Chandrashekar Rao opened new vista's in foresighting psychosomatic diseases as per Hahnemannian concept of mental disease classification .

IIHP Life members certificates to newly enrolled members were distributed.

Acknowledgement (Vote of thanks)was proposed by Dr. M.N. Raju

Expressing highest degree of acknowledgent to one and all for their benign cooperation and valuable commitment, truly appreciated, valued.....

Appreciation to our versatile speakers *Dr.Tanvir Hussain garu, Prof.Dr Praveen Kumar garu, Dr Ramesh garu, Prof.Dr.Chanra Sekhar Rao for their meticulous role in catalyzing the metamorphosis of the event, with their expertise sessions.

Heartfelt appreciation to your dedication.

Especially Dr.Rajendra Prasad garu, national joint secretary (South), has given maximum support, suggestions, and your cooperation, commitment at every level, serving as a true inspiration to all .

Further gratitude extended Dr Nawin Pawaskar sir, for his contribution really meant a lot to all . sincere appreciation to respective colleges principals Dr Dhole garu, Dr Rami Reddy garu, Dr.Venkateswara Rao garu, Dr.Umesh garu, Dr Gayatri Prasad garu, Dr G Srinivasulu garu their presence & participation had significant contribution to the grand success of the event

All the sponsors were acknowledged from the bottom of heart

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Dr. S.V.Swamy

NEWS & UPCOMING EVENTS



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Dr. S. Manilal

Dr. M.V.L. Narasimha Rao

Dr. S.V. Swamy President, IIHP Telangana State Branch will presided over the function.

General Body meeting and IIHP Telangana State Elections 2023-25

Summary

In a nutshell all speakers were so dynamic, versatile and eminent their presentations not only were informative but also inspiring, and encouraging to ignite the fire of practicing evidence based holistic Homoeopathy with great confidence and dedication

Take Home Message.

Journey of success in homeopathic is cherished with continuous integration and interaction with such scientific and academic feast opening new vista's in upcoming years

Hearty Congratulations to all from the bottom of my heart.

Best wishes and regards for future endeavors

LETTERS TO THE EDITOR



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**The Readers of
the
Rational Physicians
are
BUSY....**

R O A D M A P **October - December 2023 Issue**

The editorial team of the Rational Physicians solicits advertisements, articles, news and photos related to homoeopathy to be published in the forthcoming issue to be released in October 2023.

G U I D E L I N E S

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The Editor, Rational Physicians

E-mail: homoeospan@yahoo.com

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Please send your articles in Microsoft Word Document format not PDF so that editing is easier.

Only selected /approved material will be published

L A S T D A T E O F S U B M I S S I O N
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For the October - December 2023 Issue

Some Clinical Experiences on BOWEL NOSODES

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With the blessing of my GURU - Late Shri Harbans Lal Bhatia, I am sharing some of our experiences on BOWEL NOSODES which we used in our day to day practice.

1. BACILLUS No. 7

- A. All symptoms with mental and physical weakness
- B. Severe rheumatic pains (high potency)
- C. Insomnia – sleeps late wakes early

2. BACILLUS No 10

- A. Warts multiple on hands, flat or pointed
- B. Dermatitis on folds (like Sepia)
- C. Pruritis of Anus and Vagina

3. DYSENTRICO

- A. Pyloric stenosis (good results)
- B. Desires for milk and fat
- C. Calcaneal Spur
- D. Osteo-arthritis and osteoporosis, esp in knee pains

4. GARTNER

- A. Weakness +++
- B. Emaciation

5. MORGAN P (Paterson)

- A. Congestion in any place of body +++
- B. Styes and Conjunctivitis
- C. Anosmia due to sinusitis
- D. Stomatitis and warts on tongue
- E. Fissures of openings of body, lips corner and anal opening
- F. Cuts and cracks in heels and foot

6. PROTEUS

- A. Vertigo due to Mannier's diseases
- B. Backache esp due to Muscular weakness and cramps

7. SYCOTICO

- A. Photophobia and styes
- B. Acute sinusitis with congestion with headache
- C. Aversion to eggs +++, causing nausea and vomiting

- D. STIFFNESS of all joints, shoulder, back, lumbosacral, hips, with modalities of Rhus Tox but aggravation at night
- E. Herpes zoster, acne, alopecia and brittle nails

8. B. COLI. COLIBACILLUS

- A. UTI with pus cells +++

9. LAC FELINUM

- A. All symptoms right half of body
- B. Pain eyes+++ , pain feels in anterior of eye ball. With lachrymation
- C. Stye right eye
- D. Sleep very Deep

10. LAC VACCINUM DEF

- A. Diabetes
- B. Severe Constipation, gap of 3-4 days without urge. Constipation of OLD AGE
- C. Migraine

11. MAG POLAMBRO

- A. Painful joints with Burning
- B. Toothache from cold things
- C. Burning is marked with every symptom

12. MAG POLARCTICUS

- A. Toothache due to caries , pain extends upwards to eyes
- B. Appetite +++
- C. Smelling power Lost
- D. Inguinal Hernia

13. MAG POLAUSERIALIS

- A. Chilblains
- B. Ingrowing toe nails (1M potency one or two dose)
- C. Inguinal hernia with flatulence and increased appetite
- D. Enuresis of aged esp ladies
- E. Tearing pain and dislocation of Patella

These are bits of our own clinical experience of 65 years practice of Dr Bhatiaji and 35 years practice of mine.

A Clinical Study To Assess The Efficacy Of Homoeopathic Medicines In Treatment Of Bronchial Asthma

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ABSTRACT

We know that Bronchial Asthma is the obstruction in air pathway and pathologically airway thickening due to scarring, inflammation and secretions of mucous glands. The periodical “wheezing” is caused by the bronchial constriction which is being elicited by an immune response to allergens. Even though the genetics plays an important role in serving intrinsic factor, the extrinsic factors are exacerbated by the allergens of different kinds. Bronchial Asthma is very common & chronic disorder of the airways which affects individuals at almost any age. Homoeopathic treatment for bronchial asthma gives very good & effective results. Here aim of this study is to evaluate the efficacy of homoeopathic medicines in the treatment of bronchial asthma and to aware people about role of homoeopathy in the field of respiratory ailments.

Methods: To study a group of medicine which is based on therapeutics of respiratory disorders, 30 patients were taken up for this study after diagnosis, to be having bronchial asthma with the help of complete history taking, clinical examination of the patients, investigations and managed with homoeopathic medicine where the medicines were selected according to homoeopathic law of similimum. Conclusion; Homoeopathic medicines are found very effective in the treatment and management of the Bronchial Asthma.

KEY WORDS

Bronchial Asthma, Miasmatic Assessment, Diagnosis, Homeopathic Treatment and Management.

INTRODUCTION

Bronchial asthma is a common disease that affects people of all ages. it cause the bronchial tubes or airways of the lungs to become inflamed , making it harder to breathe. Asthma can be controlled. The Bronchial tubes of a person with asthma becomes more sensitive than the normal & over-react, especially when exposed to triggering factors. The overreaction causes inflammation, swelling & irritation of the bronchial tube lining & increases mucus. There is squeezing or spasm of muscles in bronchial tubes walls (bronchodilator) Inflammation & bronchoconstriction decrease or narrow the size of the bronchial tube causing asthma symptoms.

Most asthma patients will sometimes have the symptoms present & sometime they are not. They always have the asthma though, because their bronchial tubes remain sensitive. The potentiality of homoeopathy in treating the chronic ailment bronchial asthma is doubtful for the scientific community. We would say that homoeopathy has tremendous efficacy in reversing bronchial asthma and allied disorders. Hahnemann clearly experimented and formulated the therapeutics considering same symptoms will eliminate the disease. The long term ...

benefit of homoeopathy is that re-organizing the internal disease in deepest level will provide long lasting cures. Such tremendous results can be achieved by every homoeopath by understanding the miasm in every case. Applicability in a wide range of disease titled as allergic rhinitis, hay fever and other air pathway disorders can be recovered. Bronchial Asthma is one of the most common health problems affecting around 2 cr of people in India and around 33 Cr in whole world level.

CAUSES

Tobacco Smoke: Tobacco smoke has been linked to a higher risk of asthma as well as a higher risk of death due to asthma, wheezing, and respiratory infections. In addition, children of mothers who smoke and other people exposed to second-hand smoke have a higher risk of asthma prevalence. Adolescent smoking has also been associated with increase in asthma risk.

Environmental Factors: Allergic reactions and asthma symptoms are often the result of indoor air pollution from mold or noxious fumes from household cleaners and paints. Other indoor environmental factors associated with asthma include nitrogen oxide from gas stoves. In fact, people who cook with gas are more likely to have symptoms such as wheezing, breathlessness, asthma attacks, and hay fever.

Obesity: Overweight adults -those with a body mass index (BMI) between 25 and 30 - are 38% more likely to have asthma compared to adults who are not overweight. Obese adults - those with a BMI of 30 or greater - have twice the risk of asthma. According to some researchers, the risk may be greater for non-allergic asthma than allergic asthma.

Pregnancy: The way you enter the world seems to impact your susceptibility to asthma. Babies born by Caesarean sections have a 20% increase in asthma prevalence compared to babies born by vaginal birth. It is possible that immune system-modifying infections from bacterial exposure during Cesarean sections are responsible for this difference.

Stress: People who undergo stress have higher asthma rates. Part of this may be explained by increase in asthma-related behaviors such as smoking that are encouraged by stress. However, recent research has suggested that the immune system is modified by stress as well.

Genes: It is possible that some 100 genes are linked to asthma - 25 of which have been associated with separate populations as of 2005.

CLASSIFICATION

A. EXTRINSIC

- When an allergen is thought to be the cause of asthma. More common in children with history of atrophy and

exposure to environment factors (rhinovirus during 1st and 3rd of their life).

B. INTRINSIC

- Symptoms triggers by non-allergic factors.
- Develop in children.

C. OTHER FACTORS

- Emotionally instability which mediates excess parasympathetic input exercise which cause water and heat loss from airway triggering mediator release from the mast cell.

On basis of some different criteria of Types of Bronchial Asthma

Child-Onset Asthma

Asthma that begins during childhood is called child-onset asthma. This type of asthma happens because a child becomes sensitized to common allergens in the environment - most likely due to genetic reasons. The child is atopic - a genetically determined state of hypersensitivity to environmental allergens. Allergens can be any substances that the body will treat as a foreign body, triggering an immune response. The airway cells are sensitive to particular materials making an asthmatic response more likely if the child is exposed to a certain amount of an allergen.

Adult-Onset Asthma

This term is used when a person develops asthma after reaching 20 years of age. Adult-onset asthma affects women more than men, and it is also much less common than child-onset asthma.

It can also be triggered by some allergic material or an allergy. It is estimated that up to perhaps 50% of adult-onset asthmas are linked to allergies. However, a substantial proportion of adult-onset asthma does not seem to be triggered by exposure to allergens; this is called non-allergic adult-onset asthma.

Exercise-Induced Asthma

If you cough, wheeze or feel out of breath during or after exercise, you could be suffering from exercise-induced asthma. Obviously, your level of fitness is also a factor - a person who is unfit and runs fast for ten minutes is going to be out of breath. However, if your coughing, wheezing or panting does not make sense, this could be an indication of exercise-induced asthma.

Cough-Induced Asthma

Cough-induced asthma is one of the most difficult asthmas to diagnose. The doctor has to eliminate other

possibilities, such as chronic bronchitis, post nasal drip due to hay fever, or sinus disease. In this case the coughing can occur alone, without other asthma-type symptoms being present. The coughing can happen at any time of day or night. If it happens at night it can disrupt sleep.

Occupational Asthma

This type of asthma is triggered by something in the patient's place of work. Factors such as chemicals, vapors, gases, smoke, dust, fumes, or other particles can trigger asthma. It can also be caused by a virus (flu), molds, animal products, pollen, humidity and temperature. Another trigger may be stress.

Nocturnal Asthma

Nocturnal asthma occurs between midnight and 8 AM. It is triggered by allergens in the home such as dust and pet dander or is caused by sinus conditions. Nocturnal or nighttime asthma may occur without any daytime symptoms recognized by the patient.

SIGNS AND SYMPTOMS

Signs and symptoms may not be same for every person but they will fluctuate from mild to moderate to severe amongst people facing bronchial asthma.

Common Symptoms

- Coughing especially at night
- Wheezing
- Shortness of breath
- Chest tightness, pain or pressure.

Severe Sign & Symptoms

- Severe wheezing
- Severe difficulty while breathing.
- Inability to speak in complete sentences (interruption while speaking).
- Inability to lie down.
- Signs of severe difficulty in breathing (rib retractions, nasal flaring, use of accessory muscles).
- Chest pain.
- PEFR is <50%.
- Confusion & Rapid pulse
- Fatigue & Rapid breathing rate.

DIAGNOSIS & INVESTIGATION

Medical History

A detailed family history of asthma and allergies can help your doctor make an accurate asthma diagnosis. your own personal history of allergies is also important as many are closely linked to asthma.

Physical Exam

A physical examination will generally focus on the upper respiratory tract, chest, and skin. A doctor will use a stethoscope to listen for signs of asthma in your lungs as you breathe. The high-pitched whistling sound while you exhale - or wheezing - is a key sign of both an obstructed airway and asthma.

PFT, HRCT & X-ray ; there is no diagnostic features of asthma on the chest X ray but it may be helpful in excluding pneumothorax.

Blood IgE ; extrinsic, IgA ; intrinsic
Eosinophilia & aspergillus Ab

Blood Gases

Skin Hypersensitivity Test.

Sputum: * Churchman's spirals

= mucous that form a cast of the small airway.

* Charcot laden crystals

= breakdown products of eosinophils

Metacholine, histamine test indicates the presence of non-specific bronchial hyper-reactivity à bronchospasm at lower dose in asthma.

MIASMATIC ASSESSMENT OF ASTHMA

Psoric Miasm:-

Often one finds in the history that there has been suppression of skin eruptions and onset of asthma can be traced to a period after the suppression Symptoms as: More Spasms and less secretions. Sudden breath holding spasms. Expectoration is very scanty, mucoid, tasteless.

Exciting factors - Emotional and psychological conditions usually trigger

Modalities- Better from (a) Reappearance of skin eruptions

Sycotic Miasm:-

Usually, there will be a history of suppression of discharges from mucus membranes, suppression of sweat, and other discharges.

Symptoms; Cough, with marked secretions, scanty difficult expectoration Expectoration is thick, greenish, yellow. Cannot breathe through nose.

Exciting factors; Getting wet in rains, Rainy season

Modalities- Better in dry weather and from re-establishment of discharges.

Tubercular Miasm:-

We, often, get a history of repeated upper respiratory infections leading to asthmatic attacks.

Symptoms; Cough with excessive expectoration.

Expectoration is purulent, muco-purulent or even bloody

Exciting factor; viral, or bacterial infections, cold air, exposure to cold

Modalities - Better under sun, or as the day advances

Syphilitic Miasm:-

When irreversible changes has took place in lungs parenchyma. eg. emphysematous changes in lungs, Symptoms- Barking cough.

GENERAL MANAGEMENT

- A well selected remedy may also fail to work, if the patient does not take proper management. So following points has to be followed by the patient :-
- Alteration of life style. Take freshly prepared, light, nourishing foods.
- Do not overload your stomach. Avoid long intervals between meals.
- Avoid preserved tinned food, pickles, fatty and fried foods, spices.
- Diet should include salads, leafy vegetables, germinated grams.
- Non vegetarians should avoid egg, meat, but can take fish only if it agrees.
- Dinner should be taken at least an hour before going to bed.
- Avoid allergens as much as possible, avoid sudden thermal changes, quit smoking and avoid smokers.
- Avoid keeping pets in the house.

HOMOEOPATHIC MEDICINES FOR ASTHMA

Homeopathic medicines work wonderfully well to remove asthma from the root. These medicines set off the body's own restorative processes, mainly strengthening its natural healing system to make it strong enough to fight the condition. In case asthma is allergic in origin, Homeopathic medicines start by treating the allergies causing the asthma to completely uproot the disease. Homeopathic medicines are natural, safe and free from any adverse side-effects. They can be prescribed to people of all age groups. Top listed Homeopathic medicines for asthma include **Arsenic Album, Antimonium Tart, Lachesis Spongia Tosta, Ipecac, Carbo Veg, Senega and Drosera Rotundifolia.**

Arsenic Album

One of the top grade Homeopathic medicines for asthma. Arsenic Album is one of the top grade Homeopathic medicines for asthma. The symptoms indicative of use Arsenic Album are suffocative cough, wheezing, and shortness of breath. Asthma that gets worse around midnight is also treated well with this medicine. Another important guiding feature for using Arsenic Album is asthma that alternatives with skin rash or eczema.

Spongia Tosta

Wonderful Homeopathic medicine for asthma with dry cough, Spongia Tosta is a wonderful Homeopathic medicine for asthma with dry cough. The cough in this

case can be deep, barking, hacking type. The cough is attended with extreme dryness of all the air passages. Along with dry cough, whistling from the chest on inspiration is noted. Respiration is also difficult. In most cases, warm drinks bring relief from the cough.

Carbo Veg and Senega

Top rated Homeopathic medicines for asthma in elderly, Carbo Veg and Senega show the most amazing results in asthma in aged people. Carbo Veg is prescribed in case of cough with burning pain in the chest. Expectoration is present in the morning. The phlegm is mainly yellow or pus-like and has sour, salty or putrid taste. The cough gets worse in the evening. There is frequent need to take deep breaths. Wheezing and rattling of mucus are also prominent. Carbo Veg is also the medicine to use where the cough worsens as one goes from a warm place to a cold place. It is also the medicine to go to for treating asthma that worsens with acidity or flatulency. Homeopathic medicine Senega is considered where there is difficulty in raising mucus from the chest. The mucus is tough and profuse. Oppression, weight and soreness are felt in the chest.

Ipecac

One of the best Homeopathic remedies for asthma with nausea and vomiting In case vomiting is present with asthmatic attacks, Ipecac is one of the best homeopathic remedies for asthma. There is persistent nausea, so much so that he may feel nauseated most of the time. At times, this nausea may not be relieved even after vomiting. The chest seems to be loaded with mucous. There is rattling cough. Cough is present but does not help in reducing the mucous load. Trouble is aggravated in hot and humid weather. This medicine is indicated much more in children and adults who are a little fat. The mouth is mostly moist and there is too much of salivation. The tongue is usually clean and is not coated.

Antim Tart

One of the best Homeopathic medicines for asthma with rattling. In cases where there is rattling cough as if chest is full of loose mucous, Antim Tart is one of the best homeopathic medicines for asthma. There is little expectoration of mucous. The cough is triggered by eating. There is drowsiness and weakness. It is more suited to old people and young children. The patient feels weak and sleepy. There is burning feeling in the chest and in some cases, there is a sensation of something velvety inside the chest. This burning sensation may ascend to the throat. Often, there is hoarseness of voice accompanying the other symptoms of asthma. The cough often increases after eating anything. Breathlessness is often relieved by eructations. At the same time, the cough is better by lying on the right side.

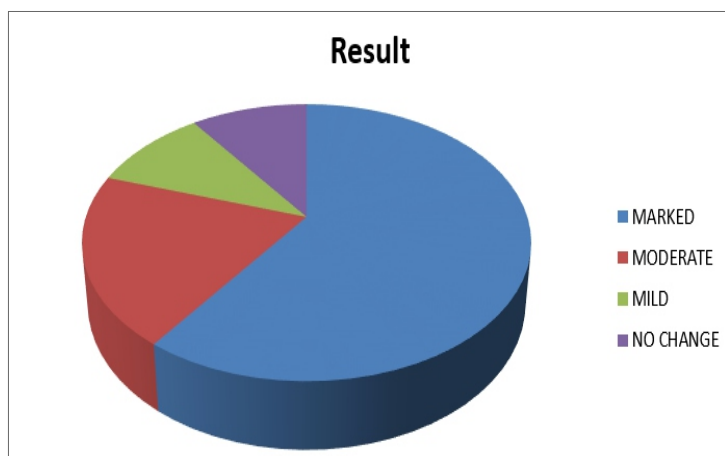
METHODOLOGY:

Proposed study was observed in 30 pre diagnosed case of Bronchial Asthma, selected randomly, Selection of medicine done with the help of Case taking Performa, Materia Medica & Repertory. Consent given patients are registered. Case taking is done on analysis & evaluation of the case best similar medicine is selected. Dispensing of medicine is done as according to law of Homoeopathy.

CONFLICT OF INTEREST; None

RESULT

For the CLINICAL STUDY TO ASSESS THE EFFICACY OF HOMOEOPATHIC MEDICINES IN TREATMENT OF BRONCHIAL ASTHMA - 30 randomly selected & diagnosed bronchial asthma cases have been included. The data obtained as 60% cases showed marked improvement, 20 % cases showed moderate improvement, 10 % cases showed mild improvement while few cases were in status quo and 0 case showed worsening of symptoms.



CONCLUSION

Homoeopathy is a safe science that offers a permanent cure for Bronchial Asthma. In 30 cases of Bronchial asthma medicines are prescribed on the basis of totality of symptoms. The length of the treatment, dosage and frequency are very patient specific and depend on how deep and reversible the pathology is. The power and beauty of homoeopathy lies in its individual holistic approach to each patient. From my experience, it might take at least a few months to stabilize a patient's health before cured. Constitutional or holistic homoeopathic treatment found to be efficacious than acute remedies, in reducing the frequency and to bring down the susceptibility to normal level. It is the assessment of the susceptibility and sensitivity, which determines potency selection and its repetition. A detailed case taking is necessary for the management & proper treatment of Bronchial Asthma.

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Role of abuse in pregnancy leading to Autism

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The state of the mother during the pregnancy is one of the most important factors that help in understanding a child. All the physical and emotional changes experienced by a woman during the pregnancy cast a big influence on the child. During this period, the child himself has not seen the world, but he/she is feeling, perceiving or sensing it through the mother. Hence, it is essential to understand how the mother thinks, feels, perceives and senses herself in the pregnancy period and the world around her. This can be recognized by the smallest of change in the nature, behaviour, unusual dreams, fears, thoughts, emotions of mother, any alteration in the desire or aversion for food substances, any particular illness during this period etc.

So we know that even in the absence of physical damage to the mother, extreme stress during pregnancy is harmful to the offspring. These mechanisms, however, are not known to specifically induce autism or be a major contributor to autism. Also, Intimate Partner Violence is just one thing that can cause extreme stress, many other injuries, illnesses, events might also cause similar stressful influences on the foetus.

I have observed this in families with both abusive backgrounds and nurturing backgrounds where education and financial factors played a significant role. Chaotic, abusive behaviour can affect the outcome of children born with autism.

Constitutional Homeopathy plays an important role in mitigating the stress experienced by the mother as well as the child in intra uterine life and after birth help him or her to handle the stress in a positive manner and not develop pathologies that are irreversible or not amenable to treatment.



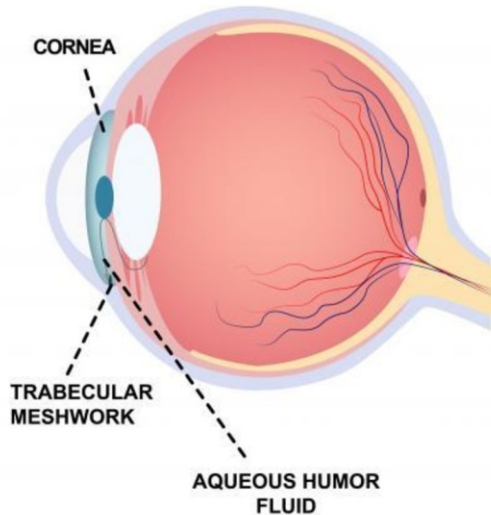
Glaucoma and Homeopathy

Dr. U.K. Srivastava

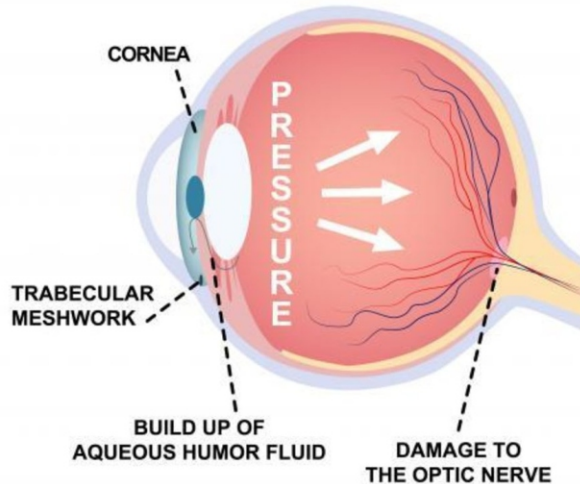
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NORMAL EYE



GLAUCOMA



Introduction:

Glaucoma is a group of eye diseases that can cause damage to the optic nerve, leading to vision loss and, if left untreated, even blindness. It is one of the leading causes of irreversible vision impairment worldwide. Glaucoma typically occurs when there is a buildup of fluid pressure inside the eye, known as intraocular pressure (IOP), which damages the optic nerve. Although increased IOP is a significant risk factor for developing glaucoma, not all individuals with elevated IOP will develop the disease, and some people with normal IOP can still develop glaucoma.

Types of Glaucoma:

There are several types of glaucoma, with the most common being primary open-angle glaucoma (POAG) and angle-closure glaucoma. POAG develops gradually over time and usually does not present any noticeable symptoms until significant vision loss has occurred. Angle-closure glaucoma, on the other hand, occurs when the drainage angle of the eye becomes blocked, leading to a sudden increase in IOP and severe symptoms like eye pain, headache, blurred vision, and nausea.

Other less common forms of glaucoma include normal-tension glaucoma, secondary glaucoma (caused by other eye conditions or systemic diseases), and congenital glaucoma (present at birth or early childhood). Glaucoma can affect one or both eyes and typically progresses slowly without early detection and appropriate treatment.

Therapeutics:

SPIGELIAANTHELMIA (SPIG.) SPIG.

is one of the first remedies to consider in glaucoma (K 240: Eye - glaucoma). In cases of acute and chronic glaucoma, with SPIG. the complaints are usually left-sided, although right-sided complaints do not exclude SPIG. The SPIG. glaucoma is usually combined with nausea, vomiting, or dizziness. The eye pain is stabbing and is aggravated by the least motion. They are unable to look sideways (K 251: Eye - pain - turning sideways; in this case consider SPIG. first, before BRY.). In glaucoma SPIG. has the sensation that the eye is bigger than normal (K 239: Eye — enlargement; sensation of). Additionally, the eye can water, feels irritated, and doesn't tolerate any touch. Consider SPIG. when in cases of chronic glaucoma or normal elevated eye pressure no other remedy is indicated or acting

COMOCLADIA DENTATA (COM.)

Where the glaucoma of SPIG. is usually left-sided, the glaucoma of COM. is usually right-sided (K 248: Eye - pain - right). SPIG. has only the sensation that the left eye is enlarged, while with COM, the right eye protrudes because it is really enlarged (K 262: Eye - protrusion - right more than left). The unilateral exophthalmia of COM. is usually combined with thyroid problems.

PHOSPHORUS (PHOS.)

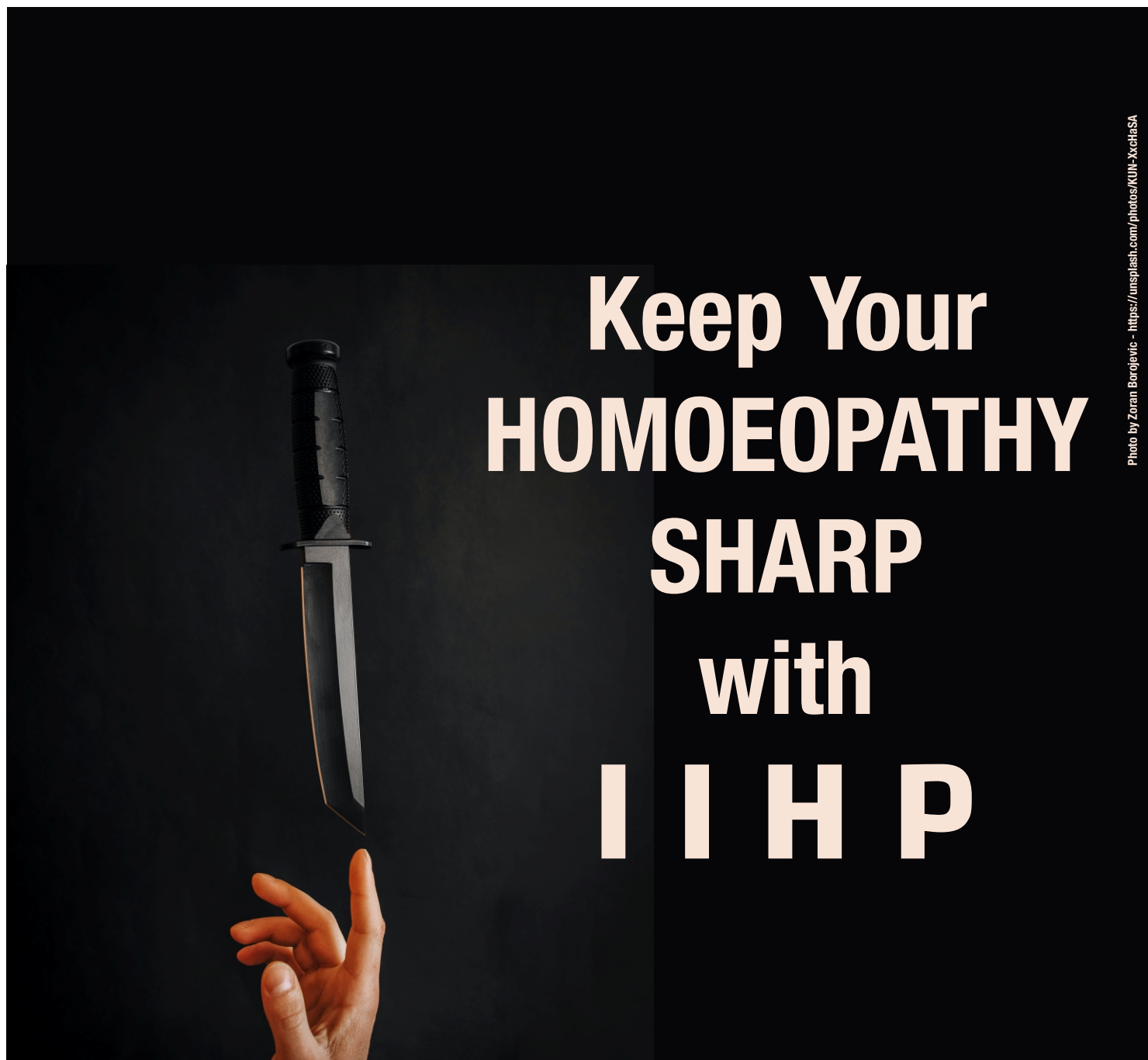
When glaucoma displays itself in a diabetes-patient, PHOS. is the first remedy of choice (K 691: Urine - sugar). In Phosphorus, there is atrophy of the optic nerve. Black points or stars seem to float before the eyes. Vision is better by shading the eye with a hand. The patient is usually lean and thin. Thirst is intense and want for cold water.

PRUNUS SPINOSA (PRUN.)

PRUN. is considered both for acute and recurring right sided glaucoma (K 250: Eye - pain - periodic). Characteristic of PRUN. -is the pain extending from the eye, straight through the brain towards the occiput (K 260: Eye - pain - stitching - extending occiput). Also the characteristic of PRUN. is the complaints ameliorated by the forming of tears. PRUN. can be combined with edema (anasarca), or with urinary problems such as kidney, bladder, or prostate problems

PHYSOSTIGMA

Physostigma is indicated in Glaucoma patients following injury in the eye. The symptoms include dim vision, blurring of vision or partial blindness. Along with dim vision, the patient may suffer from pain in eyes. The pain is usually worse after using the eyes. This remedy is indicated in patients of Glaucoma with myopic condition.



Keep Your
HOMOEOPATHY
SHARP
with
I I H P

Photo by Zoran Borjevic - <https://unsplash.com/photos/KUil-XxchSa>

A Case of Hypothyroidism

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Image Credit: www.freepik.com

Case Summary

A female patient aged about 39 years, house wife, resident of Vijayawada came to clinic, regd. No - 510 with the complaints of pain in fingers, shoulder joint since 2 months and swelling of thyroid gland, face and put on weight since 5 months.

HISTORY OF PRESENT ILLNESS: She was apparently healthy 5 months back. She was suffering from pain in fingers, shoulder joints since 2 months and swelling of thyroid gland, face and put on weight gradually. Aching pain of thigh, buttocks, heel area < while sitting, tiny black colour warts on dorsum of feet, lateral side of ankle. For which she came directly to Homoeopathy clinic.

PAST HISTORY: No history of major illness. Underwent tubectomy 20 years back. H/o External hemorrhoids since 7 years for which she was not underwent regular treatment. H/o Dust allergy since 10 years, not on regular treatment.

FAMILY HISTORY: Father – Hypothyroid, Mother – apparently healthy, Siblings – 2 younger sisters apparently healthy, Children - 2

PERSONAL HISTORY: Appetite-Satisfactory; Desires-hot foods; Aversions-not specific; Thirst-moderate; Bowels-hard stool; Urine-D/N-4/1; Sweat-moderate; Sleep-refreshed.

Habits/addictions: No habit of tea or coffee or other stimulants. No drug habit.

Thermal Reaction: Intolerance to cold.

Mental generals – Anxiety at trifles, desires company, hurts easily, weeping easily, shares to others.

MENSTRUAL HISTORY: Menarche at the age of 12, menses regular, once in 28-30 days, flow for 3 days. No other abnormalities.

LIFE SPACE INVESTIGATION: She hails from middle class family. She is studious since childhood. She did beauty parlour job. For the past 10 months, she has been strenuously working hard in her beauty parlour, physical stress more in her job leads to pain in whole body on and off. For which she quit beauty parlour job.

PROVISIONAL DIAGNOSIS: ? Hypothyroid, Thyroglossal cyst

LABORATORY INVESTIGATIONS: TSH- 6.89, Free T3- 2.69, Free T4- 1.00Hb%, CBP reports are normal.

CLINICAL DIAGNOSIS: Hypothyroid, Thyroglossal cyst

ANALYSIS OF SYMPTOMS:

Generals:

Anxiety at trifles
Desires company
Hurts easily, weeping easily
Intolerance to cold
Prefers hot food
Hard stools

Particulars:

Aching pain in fingers, shoulder joints
Aching pain of thigh, buttocks, heel area < while sitting

Common symptoms:

Swelling of thyroid gland, puffiness of face
Put on weight
Tiny black colour warts on dorsum of feet, lateral side of ankle.

HAHNEMANNIAN CLINICAL CLASSIFICATION:

Mixed miasmatic disease

MIASMATIC DIAGNOSIS: Predominantly Psora

EVALUATION OF SYMPTOMS:

- Anxiety at trifles
- Desires company
- Hurts easily, weeping easily
- Intolerance to cold
- Prefers hot food
- Hard stools
- Aching pain in fingers, shoulder joints
- Aching pain of thigh, buttocks, heel area < while sitting
- Swelling of thyroid gland
- Put on weight

PRESCRIBING TOTALITY:

- Anxiety at trifles
- Desires company
- Hurts easily, weeping easily
- Intolerance to cold
- Prefers hot food
- Hard stools
- Aching pain in fingers, shoulder joints
- Aching pain of thigh, buttocks, heel area < while sitting
- Swelling of thyroid gland
- Put on weight

REPERTORY CHOSEN: Complete repertory

REPERTORIAL TOTALITY:

MIND - ANXIETY - trifles, about
MIND - WEEPING, tearful mood - general - easily
MIND - COMPANY - desire for
GENERALITIES - AIR - cold - agg.
GENERALITIES - FOOD and drinks - warm - food - desires
EXTREMITIES - PAIN - aching - upper limbs - shoulders
EXTREMITIES - PAIN - aching - upper limbs - fingers
EXTREMITIES - PAIN - aching - lower limbs - thighs
EXTERNAL THROAT - SWELLING - general - thyroid gland
GENERALITIES - OBESITY
STOOL - HARD

REPERTORIAL RESULT AND ITS ANALYSIS:

Calc. carb-24/9, Nat. mur-23/9, Lyco-22/8, Ars.alb-22/7, Caust-21/10, Sep-18/8, Phos-18/7, Sil -17/9, Ign-17/6, Puls-17/5,.

In this case Calc carb covered more symptoms, but Puls was given initially based on symptom similarity.

REMEDY CHOSEN: Puls 200, 3 days, SL for 1 month given to the case on 30-11-2017, She was under T. Eltroxin 25 ug/OD

DATE	OBSERVATION & PROGRESS	PRESCRIPTION
08-01-2018	Pain in general better by 95%. But 1. Pain in P/V after passing urine since 1 month, 2. puffiness of face not much better and offensive breath from mouth. 3. Pain in both knees aggravated when rising from seat. Advice to use T. Eltroxin 25 ug on alternate day, slowly withdrawn from the case	Puls 1M, 3 doses, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
20-2-2018	Puffiness of face slightly better, no dysuria, but she gets dysuria if intake of more water with yellow coloured urine and offensive odour of mouth reduced. Pain in both knee joints < standing.	Sep 1M 3 doses, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
21-3-2018	Slight yellow urine with slight pain. Pain in both knee < standing. She quit Allopathic T. Eltroxin 20 days ago.	Calc. carb 30, 2 doses for 5 days, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
17-4-2018	Pain in knees, heaviness of the body better by markedly. Swelling of neck, patchy skin at both elbow, around neck. External piles complaints better with size of mass reduced.	Calc. carb 200, 3 doses, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
16-5-2018	Reports – TSH – 4.35, T3-1.16, T4-8.41. USG Neck – Thyroglossal cyst midline cystic area 31*24*16mm , Normal size thyroid gland. Patchy skin in general better. Other complaints not much better	Calc. carb 200, 3 doses/weekly, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
14-6-2018	Mass protrudes and recedes back, as if mass while intake of more spices	Calc. carb 1M, 3 doses, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
11-8-2018	B/M- hard stool with external mass protrudes P/R, Pain in both knee < on sitting. Cervical pain < on exertion. Leucorrhoea continuously for 15 days after menses.	Calc. carb 1M, 3 doses, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in

		early morning daily.
19-9-2018	Pain P/R during, after defecation < spicy food, chilly powder, B/M hard stool since 1 week and bleeding P/R during stool as if drops. Leucorrhoea continuously for 15 days after menses.	Calc. carb 1M, 5 doses, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
1-11-2018	Felt better in pain, hard stool. Stitching pain P/R occasionally, Appetite diminished as if fullness of abdomen.	Sulphur 200 3 doses/ weekly, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
16-11-2018	Breathing difficulty associated with coryza < dust exposure, cough with sputum. Based on breathing difficulty < on talking	Stann. Met 30, 3doses, Placebo daily two doses for one month.
24-12-2018	Felt better in general. Low back ache < on exertion	Calc. carb 1M, 3 doses, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
28-2-2019	Reports – TSH-3.29, FBS-110, TC-186, TGL-255, VLDL-51. Hard stool, bleeding P/R along masses protrudes out, mucus stool occasionally, associated with low back ache.	Calc. carb 1M, 3 doses/fortnightly, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
16-4-2019	Felt better in rectal symptoms than before.	Calc. carb 1M, 3 doses, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
17-6-2019	Swelling like mass palpable under the chin, Mass protrudes P/R, without pain. Cervical pain extending to both shoulders.	Calc. carb 10M, 1dose, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
17-8-2019	Reports – TSH -2.86, T3-7.11, T4-7.11, FBS-79, PPBS-110, Hb%- 11.8. Patient feeling better in general.	Calc. carb 10M, 1 dose, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
18-9-2019	Hair fall more while combing. B/M – soft, regular, in general patient felt better	Rubrum 3 doses, 3 days, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
28-10-2019	Sneezings with watery nose < morning, cold air. Rawness with painful nose	Sabadilla 200, 5 doses, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
12-12-2019	Reports – TSH-3.10, T3-1.21, T4-9.47, TC -214, TGL-144, LDL-140, FBS-97, RA factor – Negative. Cramping pain at chin. Felt better in general	Calc. carb 10M, 1 dose, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
23-1-2020	Cramp like pain of both cheeks with heaviness occasionally. Mass P/R in general moderate improvement	Calc. carb 10M, 1 dose, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
9-3-2020	In general patient felt better. Mass protrudes P/R only when heat of the body.	Calc. carb 10M, 1 dose – water doses, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
12-4-2020	Sleeplessness, as if dimness of head more at occiput, anticipatory anxiety about her daughter's life, cervical pain extending upwards, downwards, to shoulders upto arm.	Gels 200, 3 doses/ 3 days, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.
14-5-2020	Difficulty in passing stool since 1 week, dry moth with thirsty.	Calc. carb 10M, 1 dose, Placebo daily two doses for one month, Thyroidinum 3x – 3 tab in early morning daily.

DISCUSSION: After one month her complaint gradually started to decrease without administration of Allopathic medicine. In this case Calc carb was prescribed to the patient and finally she got marked improvement by following the management as advised.

Before and after reports of the case

Before treatment

Lab. 0866-6643600

VASAVYA LABORATORY

Regd No: 317/10

R. Sadik M.Sc., Bio-Chem

Name : K. Devaki

Date : 23/11/17 Age : 39 yrs Sex : Female

Referred By : Self

* ESR : 10 mm / hour (Men : 0 - 9 mm / 1st hour)
(Women : 0 - 20 mm / 1st hour)
(N.V : 4,000 - 10,000 cells / cmm)

* T.W.B.C. Count (T.C) : 11,600 Cells/cmm

* Differential Count (DC) :

Polymorphs	64 %	(50 - 70 %)
Lymphocytes	30 %	(20 - 40 %)
Eosinophils	04 %	(2 - 6 %)
Monocytes	02 %	(0 - 1 %)
Basophils	NIL	(0 - 1 %)

* Haemoglobin : 94 % ; 13.5 gms (Men : 13 - 18 gms)
(Women : 11 - 16 gms)

* RBC Count : 4.69 millions / cmm (Men : 4.2 - 6.5 millions / cmm)
(Women : 3.7 - 5.6 millions / cmm)

* Platelet count : 3.03 Lakhs / cmm (N.V : 1.4 - 4.4 Lakhs / cmm)

* PCV : 42.3 % (N.V : 37 - 54 %)

* M C V : 90.2 cu (N.V : 80 - 100 cu)

* M C H : 28.7 uug (N.V : 27 - 34 uug)

* M C H C : 31.9 % (N.V : 32 - 36 %)

* Free T3 (fT3) : 2.69 pg / ml (N.V : 2.3 - 4.2 pg / ml)

* Free T4 (fT4) : 1.00 ng / dl (N.V : 0.89 - 1.76 ng / dl)

* TSH : 6.89 uIU/ml (N.V : 0.39 - 4.50 uIU / ml)

G. Rashmi B.Sc., Email.: vasavyalab@gmail.com

VASAVYA NURSING HOME, Benz Circle, Vijayawada - 520 010.

Lab. 0866-6643600

VASAVYA LABORATORY

Regd No: 317/10

R. Sadik M.Sc., Bio-Chem

Name : Smt. K. Devaki

Date : 22/11/17 Age : 39 yrs Sex : Female

Referred By : Dr. G. Maru MBBS

* Haemoglobin : 76 % ; 11 gms (Men : 13 - 18 gms)
(Women : 11 - 16 gms)

URINE ANALYSIS

Colour : Light Yellow ; Clear

Reaction : Acidic

Specific Gravity : NIL

Albumin : NIL

Sugar : NIL

Bile Salts : NIL

Bile Pigments : NIL

Urobilinogen : NIL

Acetone Bodies : NIL

MICROSCOPIC EXAMINATION

R.B.C. : NIL

Pus Cells : NIL

Crystals : NIL

Casts : NIL

Epithelial cells : 2 - 4 / HPF

G. Rashmi B.Sc., Email.: vasavyalab@gmail.com

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Lab. 0866-6643600

VASAVYA LABORATORY

Regd No: 317/10

R. Sadik M.Sc., Bio-Chem

This prescription and reports are not valid for medico-legal obligations. No Certificates will be issued.

After Treatment

AMRUTA DIAGNOSTIC CENTRE 2434621
D.No. 29-S-42, CHERUKUPALLIVARI STREET, NAKKALA ROAD, VIJAYAWADA-520 002.

Hon. Consultant Radiologist :
Dr. P.V.SRI RAMACHANDRA MURTHY, M.D., R.D., **Dr. V.SANTHOSH KUMAR, M.D., D.M.R.D. (Vellore)**
R.D.M.S., R.D.C.S., R.V.T. (U.S.A)

EQUIPPED WITH "WIPRO GE LOGIQ 5 PRO COLOUR DOPPLER" SIEMEN'S 300 M.A. X-RAY PLANT,
DIGITAL X-RAY (KODAK), PORTABLE X-RAY (30 MA), LAB & ECG

Name: K.DEVAKI Age: 39 Y Sex: F Date: 16/05/2018

Ref by Dr:

ULTRASONOGRAPHY THYROID

RIGHT LOBE : APPEAR NORMAL IN SIZE, SHAPE, POSITION AND ECHOTEXTURE .
NO FOCAL LESION SEEN.
RIGHT LOBE MEASURING: 37 X 15 X 9 MM.

LEFT LOBE : APPEAR NORMAL IN SIZE, SHAPE, POSITION AND ECHOTEXTURE.
NO FOCAL LESION SEEN.
LEFT LOBE MEASURING: 37 X 15 X 9 MM.

ISTHAMUS : 2 MM. NORMAL.

OTHERS : MIDLINE CYSTIC AREA MEASURING : 31 X 24 X 16 MM
WITH INTERNAL SEPTA NOTED - ? POSSIBLE THYROGLOSSAL CYST.
NO EVIDENCE OF CERVICAL ADENOPATHY.
BOTH CAROTID AND JUGULAR PULSATIONS NORMAL.

IMPRESSION : **MIDLINE CYST - ? POSSIBLE THYROGLOSSAL CYST.
** NORMAL BOTH LOBES OF THYROID.

FOR CLINICAL CORRELATION AND FOLLOW UP PLEASE.

DR.P.V.SRIRAMA CHANDRA MURTHY,
MD.RD.
CONSULTANT RADIOLOGIST.

Lab. 0866-6643600
VASAVYA
LABORATORY
R. Sadik M.Sc., Bio-Chem
Regd No: 317/10

Name : Smt K . Devaki
Date : 16 / 05 / 18 Age : 39 yrs Sex : Female
Referred By : Self

Thyroid Profile

* TRI IODO THYRONINE (T 3) : 1.16 ng / ml
Normal Range : 0.75 - 2.0 ng / ml

* THYROXINE (T 4) : 8.41 ug / dl
Normal Range : 4.5 - 12.6 ug / dl

* THYROID STIMULATING HORMONE (T SH) : 4.35 mIU/ml

NORMAL RANGE :

Children (First Week)	: 1.0 - 39.0 mIU / ml
Children (2nd to 20th Week)	: 1.7 - 9.1 mIU / ml
Children (21st Week to 20 Years)	: 0.7 - 6.4 mIU / ml
Adults (21 Years & Above)	: 0.3 - 4.5 mIU / ml
Pregnancy (1st Trimester)	: 0.3 - 4.5 mIU / ml
Pregnancy (2nd Trimester)	: 0.5 - 4.5 mIU / ml
Pregnancy (3rd Trimester)	: 0.8 - 5.2 mIU / ml

TECHNIQUE : ELECTRO CHEMILUMINESCENCE

G. Rashmi B.Sc., Email: vasavyalab@gmail.com
VASAVYA NURSING HOME , Benz Circle, Vijayawada - 520 010.

Forthcoming Issue Highlights

Liver Disorder and Homoeopathy
Dr Rachna Srivastava

CKD:Serum Creatinine Can Be Reduced By
Administering Homeopathic Medicines
Dr Nayeem Unnisa Begum

Epilepsy in Pregnancy
Dr Navneet Bidani

&

many more interesting articles

CALENDULA OFFICINALIS

Dr V.K. Chauhan

Delhi

Mob. 9910371751

Image Credit: www.freepik.com

Common Name: Marigold. Kingdom: Vegetable. N.O.: Compositae

Proved by: Dr. Franz introduced it in 1838. (DDB). No Formal Proving done – (Clarke)

QUICK RECALL

1. CONSTITUTIONAL CHARACTERISTICS:

- **SOMA:** Suited to every constitutional type age and sex. Thermal; Chilly. Laterally; ambilateral.
- **PSYCHE:** Temperament; Nervous. Mind: Easily Frightened. Dreams: Falling from Height.

2. CAUSATION:

- **DIATHESIS:** Non-healing ulcers, wounds, Skin laceration
- A/F: Injuries. Burns.

3. GENERAL CHARACTERISTICS:

- External wounds and lacerations. Hemostatic following the extraction of the tooth. Removes pain and soreness and favors phagocytosis and healing. Ulcers; irritable; inflamed; sloughing, varicose; painful as if beaten; excessive secretion of pus. Superficial burns and scalds.

4. RELATIONSHIP:

- Complementary: Hep., Sul. Ac. Similar to: Hyper., in injuries to parts rich in nerves. Arnica; in trauma without laceration of soft tissue.

5. GENERAL MODALITIES:

- Agg: Damp, Cloudy weather. (BMM)
- Ame: -NA- (Allen / BMM).

6. MIASM:

- Psoric predominance

7. POSOLOGY:

- Doses: Acts in potency as well as in Tincture.
- Repetition: Bears Repetition well.
- Duration of action: A short-acting remedy

8. APPLIED:

- Wounds, Neuritis, Neuroma, Soft tissue injuries, Infected wounds, Ulcers.

MNEMONIC

The Keyword is 'CALENDULA':

C: Clean surgical cut -specific for

A: Anticipating (threatening) gangrene

L: Lacerated wounds

E: Erysipelas (Constitutional tendency)

N: Neuroma (Traumatic and idiopathic)

D: Damp <

U: Ulcers: irritable, inflamed, sloughing, varicose

L: Loss of blood and excessive Pain

A: Acts on Muscle / Tendon rupture

MCQ REVIEW

MCQ-1.

Find the odd pair out (drug-common name)

(KPSC/Lect/Mat-Med-04)

(a) Calendula officinalis - Puḡall

(b) BapḠsia - Wild indigo

(c) Lycopodium Clavatum - Wolf's foot

(d) Nux moschata – nutmeg

Ans. (a)

MCQ-2.

What is the relaḠon between Calendula and Arsenic alb? (RGUHS/Homeo/MD/Ent/2010):

(a) AnḠdote

(b) Similar

(c) Follows well

(d) Complementary

Ans ©

MCQ-3.

Medicines indicated for neuriḠs from lacerated wound are (Govt-Of-NCTEnt-Exam-SR-SRF-2015):

(a) Calendula and Arnica

(b) Hypericum and Calendula

(c) Arnica and Allium cepa

(d) All of the above

Answer: (b)

MCQ-4.

Calendula officinalis is prepared from (UPSC/HMO/RO/Ex2016):

(a) Fresh leaves and berries

(b) Flowering stem

(c) Fresh flowers

(d) Fresh flowering tops and leaves

Answer: (d)

MCQ-5.

The medicine that does NOT belong to Compositae family is

[UPSC/HMO/2017]:

(a) Calendula

(b) Cina

© Aloes

(d) Arnica

Answer: C

MCQ-6.

The acḠve principle of calendula officinalis:

(A) Calenduline

(B) Carotene

© Lycopene

(D) All.

Ans: D

MCQ-7.

Burns, abrasions, wounds fissures, sores, erysipelas, ulcers, suppuraḠon:

(A) Actea racemosa.

(B) Helleborus

© Drosera

(D) Calendula

Answer: D

MCQ-8.

Find the odd pair out (Drug-Common name):

(A) Calendula - Puḡall

(B) BapḠsia - Wild indigo.

(C) Lycopodium- Wolf's foot.

(D) Nux mosch - Nutmeg.

Answer: A



Significance Of Hahnemann's §284 Footnote

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The "First 1,000 days" of life, from the start of a woman's pregnancy until her child's second birthday offers a unique window of opportunity to shape healthy future of child.¹ Baby in the womb is not considered as a separate entity and the mother & child is one unit-Mother and Child unit (MCU). So, for a **BETTER TOMORROW**, we need to safeguard mother's health by administering medicine to her. Even the focus of preventive health care services is shifting the focus from treating sickness to maintaining health during foetal life, perinatal period, and the early infancy i.e.; THE PRIMAL PERIOD .2

Dr. Samuel Hahnemann was the first to talk about specific therapy during pregnancy given to the mother who would have a positive impact on the growth and development of the fetus.

Hahnemann around 200 years ago gave the same concept in §284 footnote of sixth edition of Organon of Medicine where he discussed that: 3

"Pregnant women treated with Antipsoric medicine, have given birth to Healthy and STRONGER children. - The power of medicines acting upon the infant through mothers' milk is wonderfully helpful.

'Hahnemann was so far ahead of his time that his teaching, could not be fully understood until science is advanced'-Stuart Close in his work 'The Genius of Homeopathy'. As per new advancements this concept corresponds to Primal Health⁴, Maternal Baby Unit, Perinatal period, period of first 1000 days in life, Maternal Foetal Unit.

The potentized medicines given in minimum dose (§154, §155) when administered based on fundamental principles.⁵ safe in pregnancy for both mother and child and do not produce any side effects.^{6,7} For Hahnemann Antipsoric medicine mean medicine which is more similar to the case (§80 Foot note)³.

PRENATAL PROPHYLAXIS & HOMOEOPATHY: The mother or wet-nurse receives the remedy instead of their suckling directly, and through their milk it acts on the child very quickly and beneficially. Conditions like miscarriage, improper presentation of the foetus during natural labour, hydrocephalous, & other bodily defects of the child, the sore breasts, the inclination to erysipelatous inflammations of the breasts and their abscesses of breasts, haemorrhages of the uterus during suckling, can be removed before or at least during pregnancy, by a timely anti-psoric treatment. This time of pregnancy-very well be made use of for anti psoric treatment.⁸

MODE OF ADMINISTRATION: Medicine must be taken with little water and the best time to take Antipsoric is early in the morning while fasting. without drinking or eating anything within half an hour. after taking the medicine and the patient should be perfectly quiet, at least a full hour, without going to sleep.⁸These words of Hahnemann in Organon justify the need to start homoeopathic treatment of an individual in-utero (through mother).

In the above conditions mentioned, Improper presentation of Foetus is the case mentioned below and has been corrected by timely intervention of Homoeopathic Medicine.

Following is A Case of Pregnant women having malpresentation who was advice for an External cephalic version, opted homeopathy, to avoid risks of version, and successfully treated only with 3 doses of Homeopathic medicine -PULSATILLA 200c was the choice of remedy

The Indication was: Pulsatilla:^{9,10} An excellent remedy for putting the foetus or child in the right place. It covers even when the child turns upside down.

As per Research study - CCRH. (Cited by Dr V. Priyanka) **PULSATILLA** is Almost specific for malpresentation of the fetus. Give two doses, each dose at the interval of one week after 28 weeks only when liquor is adequate.

SCAN DATE:
27.07.2022

Biophysical Profile Report

Indication

Gestational Diabetes, Diet Controlled

History

OB History Gravida 1. Para 0
TOPOAOLO

Maternal Assessment

Physical Exam Height 165 cm, 5 ft 5 in. Initial weight 77 kg, 169 lb. Initial BMI 28.12 kg/m²

Method

Transabdominal ultrasound examination. View: Sufficient

Pregnancy

Singleton pregnancy. Number of fetuses: 1

Dating

	Date	Details	Gest. age	EDD
LMP	11/26/2021		34 w + 5 d	9/2/2022
Stated EDD			33 w + 4 d	9/10/2022
Assigned dating	based on stated EDD, selected on 04/21/2022		33 w + 4 d	9/10/2022

General Evaluation

Cardiac activity present. FHR 150 bpm. Fetal movements: visualized. Presentation: footling breech, frank breech

Placenta: Placental site: anterior

Amniotic Fluid Assessment

Amount of AF: normal amount
MVP 4.6 cm. AFI 10.1 cm. Q1 4.6 cm, Q2 1.3 cm, Q3 0.0 cm, Q4 4.2 cm

Biophysical Profile

2: Fetal breathing movements
2: Gross body movements
2: Fetal tone
2: Amniotic fluid volume
8/8 Biophysical profile score

Presentation: The part of the fetus which occupies the lower pole of the uterus (pelvic brim). Cephalic is the normal presentation

Primal Period- Conceptualised by Michael Odent, explores correlations between the 'primal period' fetal life, perinatal period and year following birth) and health and personality traits in later life.

Perinatal Period- The Perinatal period from 22 completed weeks (154 days) of gestation and ends seven completed days after birth

- RBSK-JOURNEY OF THE FIRST 1000 days - Foundation for a Brighter Future- RBSK-Ministry of health & Family Welfare-Government of India-April-2018
- <https://birthworks.org/primal-health-research/>
- Hahnemann C.F.S., ORGANON OF MEDICINE- 5th and 6th combined edition-New Delhi- New Delhi-Bjain Publishers (P) Ltd- 2015
- Extract from the article: 'HAHNEMANN REVISITED: CLINICAL APPLICATION OF ORGANON IN MODERN DAY PRACTISE' Dr. Bipin Jethani M.D. (Hom.)
- Dr. Himanshu Shekhar Rath, "SCOPE AND LIMITATION OF HOMOEOPATHY", International Journal of Creative Research Thoughts (IJCRT), ISSN:2320-2882, Volume.6, Issue 1, pp.568-577, January 2018
- Dr.JiyaHilal (HarjotKour) , Manzoor H.A.(2013) “**An Emprical Study of Role of Homeopathy in Pregnancy**” IOSR Journal of Dental and Medical Sciences (IOSRJDMS)Volume 9, Issue 5 (), **PP 14-17, 10.9790/0853-0951417/**
- Crompton, Roz. “Homeopathy for common complaints during pregnancy and childbirth.” The practising midwife vol. 15,8 (2012): S15-8.
- Hahnemann C.F.S., “The Chronic Diseases Their Peculiar Nature and Their Homoeopathic Cure. Trans. Louis H. Tafel. Ed. Pemberton Dudley”. 2nd ed. Paris.1835.2 vol. New Delhi: B. Jain
- Publishers Pvt. Ltd. 2017. pp. 137-39
- Dr. Rai Bahadur Bishambar Das- SELECT YOUR REMEDY – New Delhi- Indian Books and Periodicals-2007.
- **Dr V.Priyanka-Antenatal** care and homoeopathy- What homoeopathy offers to a pregnant woman- Homeobook-march 21-2021

Glossary:

§-Aphorism- (Mentioned in the book Organon of Medicine, in Homoeopathy)

1000 days-from pregnancy to child's second birthday (270+365+365=1000)

Malpresentation- Presentations of the fetus other than vertex.



Hahnemann : The Intelligent Treasurer

Dr. Raja Rajeswari Arabi,
BHMS, MBA {Operations}
Dubai, UAE

Dr. Samuel Hahnemann is popularly known as the “Father of Homoeopathy Medicine”. Many know that Hahnemann has mastered 8 languages, is a great translator, and outstanding Chemist.

From the inspiration of Hahnemann’s writings & teachings, I discuss and explore

First, certain concepts of today’s science in accordance with Hahnemannian’s concept include infection theory, Allergic reaction of the immune system, Electroconvulsive therapy for Mental illness, and Spiritual Science.

Secondly, about Hahnemann’s perception of the Medical world

Thirdly about Hahnemann’s revolution apart from Medical World

1.Hahnemann’s Concept

Infection & Immune System:

We know that **The Germ theory & Immune System theory has great advancement in the 19th century.** But our Master mentioned many reliable contents and asked valuable questions prior to that in his “**Theory of Chronic Disease - 1828 & Organon of Medicine**”. Here are few

A. Incubation Period of the diseases:

When he was talking about the origin of the diseases in the Theory of Chronic diseases, he quoted, “Three different important moments are to be more attentively considered,
First, the time of infection

Secondly, the period of time during which the whole organism is being penetrated by the disease infused, until it has developed within

Thirdly, the breaking out of the external ailment, Whereby nature externally demonstrates the completion of the internal, development of the miasmatic malady throughout the whole organism.”

It is nothing but **today’s Incubation period of the disease!!**

i.e the time it takes for an infection to develop after a person has been exposed to disease-causing organisms like bacteria or viruses or fungi. The incubation period ends when the first signs or symptoms of the disease appear.

More specifically, Hahnemann asked a valuable question about **Measles**,

“Measles also require 10 to 12 days after infection or inoculation before this eruption with its fever appears. What has nature been doing with the infection received in these 10 to 12 days? Was it not necessary to first embody the disease in the whole organism before nature was enabled to kindle the fever, and to bring out the eruption on the skin?”

The important thing that we must know is that only in **1846, that is more than 15 years of Hahnemann’s thoughts, Peter Panum, a Danish Physician** described the incubation period of Measles and lifelong immunity after recovery from the disease.

B. Why do people who are having Allergy diseases not get frequent infections?

In **Aphorism 36, Organon of Medicine**,

“If **two dissimilar diseases** meet together in the human being and they are either of equal strength or the older one happens to be stronger, then the older disease will keep the new one away from the body”

When Hahnemann's contemporary Physicians were focusing on bloodletting and other superstitious medical practices, Hahnemann was the one who was analyzing the causative factors of diseases, understanding the disease's original nature, and exploring the reasons for the development of chronic diseases in human beings.

Electroconvulsive therapy for Mental illness:

Modern science advocates that ECT can provide rapid, significant improvements in some mental illnesses like Severe Depression, Severe mania, Agitation, and aggressive pattern of Dementia. How?

In Aphorism 38, Organon of Medicine,

When two dissimilar diseases meet, "If the new dissimilar disease is stronger, it will suspend the older disease, but never cure it."

Hahnemann quoted some examples like Ringworm suspended epilepsy, scurvy suspended itch diathesis, Mania suspended Pulmonary tuberculosis, etc. Even in the **introduction part of Organon of Medicine**, he brought up one example, The hard of hearing improved for a few hours with moderate shocks from the voltaic pile of the apothecary of Jever, but soon these did nothing more. **{Foot note 28, Electric Shock for harness of hearing}**

Likewise, In **electroconvulsive therapy {ECT}**, that is small electric currents are passed through the brain to intentionally trigger a brief "seizure" {another disease}. This ECT gives some relief to the patient who is suffering from **mental illness for a shorter period of time which is nothing but the concept of two dissimilar diseases meeting and its consequences.**

The concept of disease according to Spiritual science:

The development of spiritual science paves the way for a Holistic approach to treating the disease even in some allopathic hospitals by adding meditation and yoga as supportive management. This is quite a treatment approach. But what spirituality talks about the concept of disease matters to us,

"When you disconnect from your soul or have a disharmony in your soul, either your mental health, physical health, or your entire health is affected."

What our Legend says in **Aphorism 11, the vital force** is first dynamically mistuned and then manifests its mistunement through symptoms.

2. Hahnemann's Perception of the Medical World:

When we admire his intelligence, we should not forget his perception of the medical world. Like,

- Where his contemporary physicians were focusing on eliminating the discharges and evacuations of the diseases, our superstar was exploring the internal causes of diseases.
- When his peers were creating asylum for people who were suffering from Mental illness, our phenomenal master was advocating the need for treatment and the possibility of a cure for the sufferers.
- When his compeers didn't consider the necessity of bed rest, diet, etc., our Saga was recommending bed rest, diet, sunshine, public hygiene, and other supportive beneficial measures to achieve Health.

3. Hahnemann's Revolution Apart from Medical World

There are many things we can admire and get inspired by Hahnemann. He is Phenomenal!! Few of them are,

As a Chemist,

His "**Potent Marsh test**" is a highly sensitive method in the detection of Arsenic, especially useful in the field of forensic toxicology where arsenic was used as a poison. Even now, his discovery is used.

As a Linguist,

Though I read the English translation version of "Theory of Chronic Disease", I admire the usage of words in his language. Nowadays, we talk more about communication, unfortunately, people are not using the vocabulary even in their own language. But our epic star used vocabulary to a great extent, eg in "Theory of Chronic Disease" he wrote

"Homoeopathic law of cure, this very serious task has occupied me since the years 1816 & 1817, night and day; and behold! The giver of all good things permitted me within this space of time to gradually solve this sublime problem through unremitting thought, indefatigable inquiry, faithful observation, and the most accurate experiments made for the welfare of Humanity"

What a beautiful vocabulary!! Isn't it?

"A person's vocabulary level is the best single predictor of occupational success"- Connor. The above is a precise example of this saying.

As a Magnanimous personality,

He had given many examples, one of them being, **someone who is already suffering from a serious chronic disease will not be infected by autumnal dysentery or other moderate epidemic diseases.**

Now, many recent theories and epidemiological research studies postulated that **people who are having Allergies usually do not get infected by microorganisms frequently.** Even in Covid time, many studies suggested that people who are having allergies are at lower risk to catch Covid 19, it is because of overactivity of the immune system at molecular levels in allergic patients that prevent infection. When he was dissatisfied with the way of treating diseases in people, he quit his medical profession which he loved the most

“My sense of duty would not easily allow me to treat the unknown pathological state of my suffering brethren with these unknown medicines. The thought of becoming in this way a murderer or malefactor towards the life of my

fellow human beings was most terrible to me, so terrible and disturbing that I wholly gave up my practice in the first years of my married life and occupied myself solely with Chemistry and writing”

It needs lots of courage and strength to write and follow the same. Strength comes through his exposure, intellect, skills, experience, resilience, and above all from his kind heart.

The admiration for our Dr. Hahnemann never ends. Feel grateful to study Homoeopathy, and to practice Homoeopathy.

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Homeopathy The Rational Therapy



Future Of Homeopathy: Status Of Education

Dr Lubna Kamal

Asstt Professor

State JLN Homeopathic Medical College, Kanpur, UP

Founder Nano Homeopathy Chain of Clinics

An open letter to,

The AYUSH Minister, DG CCRH, Chairman NCH, Director NIH, All Principals of Homeopathic Colleges, All teachers of Homeopathic Colleges & All Homeopathic Practitioners

The attached picture is a prescription from a Government Medical College of Uttar Pradesh where Post Graduate courses are being run. Well qualified doctors clear entrance exam to avail a seat.

This was a JR 1 student of Repertory and his prescription is outrageous. He has prescribed together two medicines from Calcarea family, a hot medicine and a chilly medicine along with a third medicine which is also chilly. The patient was hot. Why is it that a PG student is so unaware about the thermals of a patient.

This is not the first time I have come across such an improper prescription. In fact the students of final year PG is at times no different. Will this take Homeopathy to better heights?

Homeopathic medicines prescribed in Allopathic way will only cause downfall of Homeopathy in long run. The USP of Homeopathy lies in Individualisation.

If a UG student does not properly take at least 1000 cases, analyse the symptoms and repertorise them, they will not be able to practice Classical Homeopathy in their clinics.

Similarly if a PG student is not able to zero down on a medicine using Miasmatic analysis, kingdom, family etc, they are no better than UG students.

We need to understand this right here and right now that students hold the future of Homeopathy and we cannot give any more excuses why we are not at par with our counterparts.

Our students clear the same level entrance examination then why is it that they lag so behind in academics. Why is it that very few Homeopathic Medical Colleges come up with Publications or research work. On an average how many articles are published from a college, especially from Government colleges? The numbers are deplorable.

Therefore it's not the government aid, funds, number of colleges or students which will improve the future of Homeopathy, but the input of each Homeopath, the effort of each Homeopath to contribute with evidence the efficacy of Homeopathy.

There are so many thesis written each year but that too hardly serves any purpose regarding the establishment of Homeopathy as mainstream science. Why isn't there a central pool of the topics we need actual research, trials etc for thesis so that they can be allocated to students and their work is of some use for the future of Homeopathy. This should especially be for the Government colleges where students are given stipend which is almost at par with their Modern Medicine counterparts. Are our PG students, getting almost equal stipend, actually managing IPD and OPD the way it should be?

Except for NIH and very colleges, the IPD is just an eyewash. Will this take Homeopathy forward?

We need to seriously think about all that has been stated here. For Homeopathy to compete and coexist as mainstream medical science, lot needs to be done, especially at the level of education and colleges.

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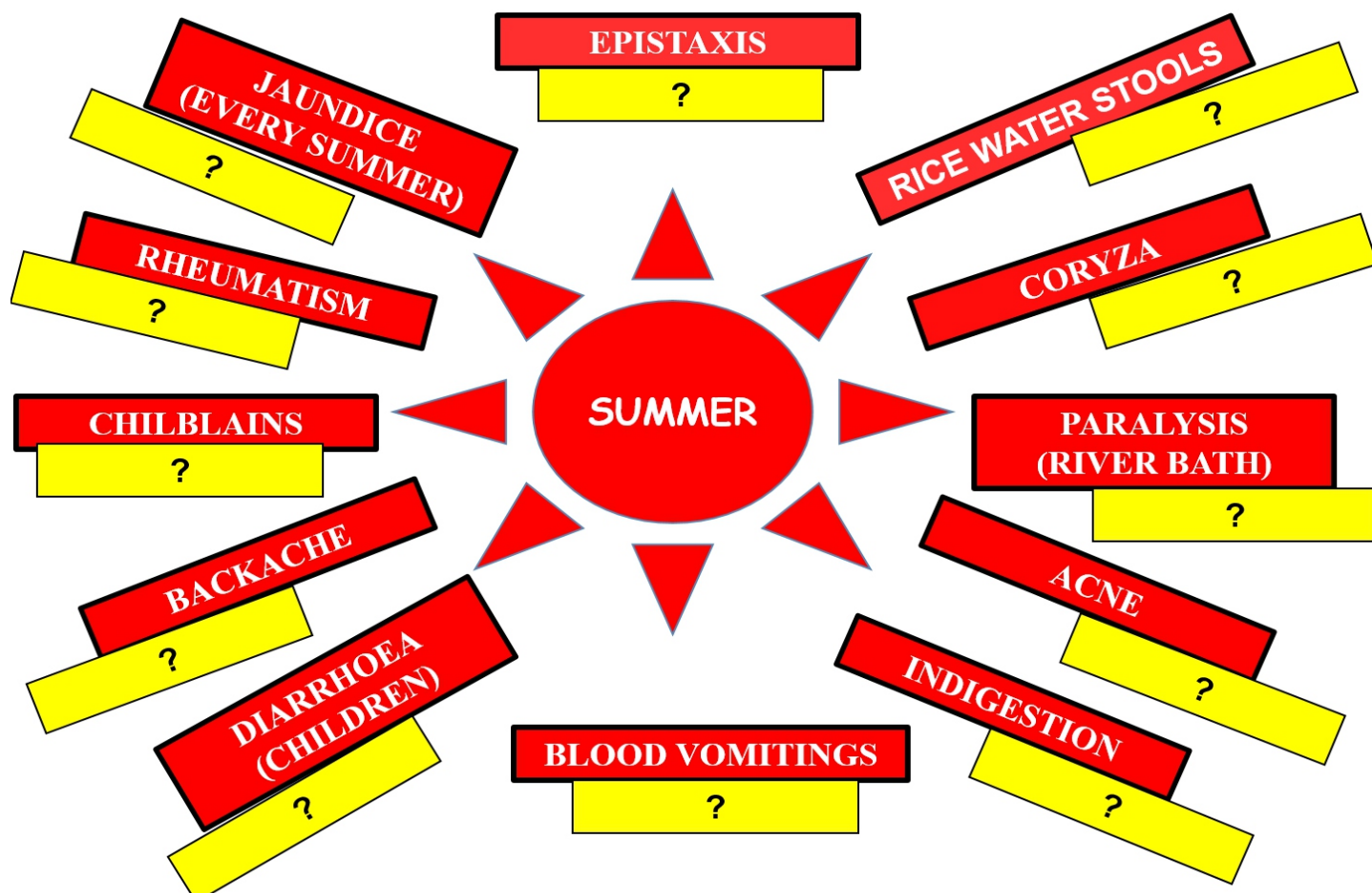
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