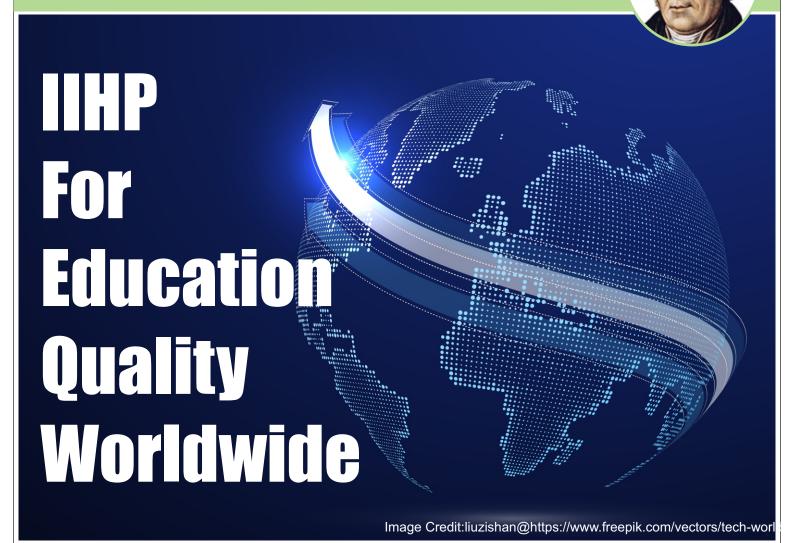


A FREE PDF QUARTERLY SCIENTIFIC AND NEWS JOURNAL INDIAN INSTITUTE OF HOMOEOPATHIC PHYSICIANS



- THE VITAL PRINCIPLE OR PRANA
- HOMOEOPATHY & MALE SEXUAL WEAKNESS
- HOMOEOPATHY & BELL'S PALSY

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- MIASMATIC CORRELATION WITH ANATOMICAL STRUCTURE



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The Scientific Journal of the Indian Institute of Homoeopathic Physicians

RATIONAL PHYSICIANS
JULY - SEPTEMBER 2022



KEY NOTESThe Editorial

Dr Sudhanshu Arya Managing Editorhomoeospan@yahoo.com

July is the time for new academic session in general, in India. Also 1st July is the National Doctors' Day in India. Welcoming all new doctors to be to this new issue of the Rational Physicians. There is a lot to share about the education of homeopathy in India and abroad, both regular and Continued Medical Education. At all fronts IIHP is working for the constant improvement in the field of homoeopathic education with same fervor, be it education of the aspirant doctors or be it updating of the seasoned stalwarts.

IIHP's National Mission on Homoeopathic education Program is going on well and doing a commendable job in upholding the quality of the homoeopathic education imparted to young doctors. Our Scientific Committee is also taking care of CMEs and webinars and helping seniors keep abreast with the latest in the field of homoeopathy not only in India, but also all over the globe.

In addition to them our other scientific committee members and even advisors are contributing to the quality of homeopathy in their own might. You will read about their achievements and contribution in the news and updates section. With the support of IIHP, Dr. Ajay Dahad one of our National Advisors has done a wonderful job in the establishment of a new and first government homeopathic college in the state of Maharashtra.

Finally, there is one big and important news. IIHP national Congress in its 26th iteration is going to be held at Panchkula, Haryana on 11th & 12th February 2023 after a lapse of 4 years due to COVID pandemic. It was postponed just before the due date of organization. However, in these years we have added the company of 3 prestigious organizations to this celebration. In addition to our long-term international partner – LMHI we have Ontario Homoeopathic Medical Association Canada, All India Association of Vice-chancellors and Academicians as our associate Partners. This program is jointly organized with Council of Homoeopathic System of Medicine, Haryana while technical support is provided by Central Council for Research in Homoeopathy. Participation of individuals and organization especially colleges are expected in big numbers. Hope to meet you there.

We hope you will find this issue of Rational Physicians informative and useful. Waiting for your feedback.

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RATIONAL PHYSICIANS

July - September 2022 | C o n t e n t s



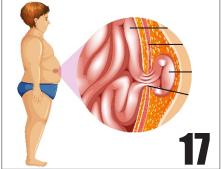
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NEWS & UPCOMING EVENTS





One thing leads to another and it is a kind of chain reaction but only people of high energy and indomitable spirits can create such highly appreciable changes in the homoeopathic world. In a series of recent events IIHP has contributed to the spread of homoeopathy not just across the country but across the globe. Here are some glimpses.

News from Ambala

The IIHP- National Advisor, Dr Har Prakash Sharma informs that in a recent joint meeting of the Council of Homoeopathic System of Medicine, Haryana and All India Vice-Chancellors' Association a decision was taken to spread homoeopathy and awareness about it in the universities of Haryana through several measures.

- **1.** Celebration of Dr Samuel Hahnemann's Birthday in all the universities through medical check-up camps and seminars.
- 2. To open a homoeopathic medical dispensary in every university to provide homoeopathic treatment of all the students, teachers and their families.
- 3. To add homoeopathy in the medical departments of all the universities.
- **4.** To provide books related to homoeopathy in the libraries of all the universities so that homoeopathy gains popularity through easy access to information about it.

News from Jalgaon

Dr. A. O. Dahad, National Advisor, IIHP in a recent endeavour persuaded for the establishment of 1st Govt Homoeopathy College in Maharashtra at Jalgaon, permitted by NCH, NewDelhi, under the guidance of National President of Honour Padmashree Dr. V. K. Gupta & National President Dr. M. A. Rao of IIHP. There were some odds and obstacles in it but were overcome by his sheer enthusiasm and integrity.

He personally met Shri. Saurabh Vijay, Secretary, MEDD, GoM on 7th May and gave the representation of IIHP, accordingly on 9th May, GoM has released the GR about post creation for the same. Dr. Milind Nikumbh, Pro-VC, MUHS has helped for the same.

NEWS & UPCOMING EVENTS



News from Canada

In the last issue we gave you the news about the signing of MOU between IIHP and OHMA of Canada and in this issue we bring another good news that the talks with the Manitoba Homoeopathic Association of Canada are in advance stage and soon we may have another international collaboration seeing the light of the day. Once the MOU is finalized we will break the news with all our members but this trend highlights the level of technical and organizational acumen IIHP possesses in the homoeopathic world that is appreciated by other professional organizations.

UPCOMING EVENTS

IIHP 26th National Congress, Panchkula

February 11 & 12, 2023

Fun & fiesta of togetherness and learning at Panchkula

In the traditional Spanish sense of the word fiesta we will undertake study of homeopathy religiously and in the modern sense we will be meeting a lot of likeminded scientific homoeopathic people in the mood of a carnival.

Dr Harprakash Sharma and his team are working overtime to make this congress a huge success. Very soon the website and details of this programme are going to become available. Block your dates for this grand programme of homoeopathy because lot of interesting offers and ideas are going to come your way. BE PART OF THE IIHP NATIONAL CONGRESS.

For the romantically inclined you can over stay and celebrate Valentine's Day in Himachal any place starting from the nearest Kasauli to Shimla, Manali or wherever you fancy. Explore, plan and enjoy your staycation.



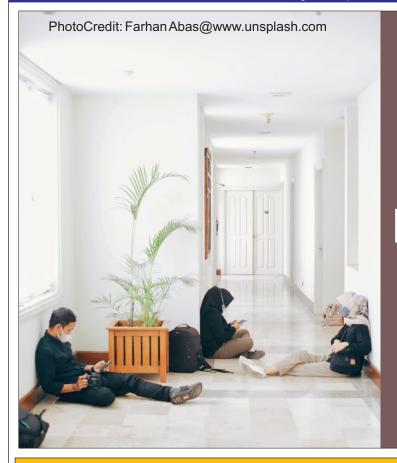
LETTERS TO THE EDITOR







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The Readers of the Rational Physicians are BUSY....

R O A D M A P October-December 2022 Issue

The editorial team of the Rational Physicians solicits advertisements, articles, news and photos related to homoeopathy to be published in the forthcoming issue to be released in October 2022.

GUIDELINES

Kindly send all the material in soft copy to The Editor, Rational Physicians

E-mail: raocghs@gmail.com

Please send images/tables/graphs /artwork separately from articles, with due credits & titles.

Please do not compress/resize images so that the resolution and sharpness of the images remains high. If need be use one image per mail or you can share your Google drive so that we may download images in highest resolution.

Please send your articles in Microsoft Word Document format not PDF so that editing is easier.

Only selected /approved material will be published

LAST DATE OF SUBMISSION

15.09.22

For the October-December 2022 Issue









INDIAN INSTITUTE OF HOMOEOPATHIC PHYSICIANS

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Jointly organized with

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On 11th & 12th February 2023

Associate Partners

Liga Medicorum Homoeopathica Internationalis
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All India Association of Vice-Chancellors & Academicians

Technical Support by

Central Council for Research in Homoeopathy

-: VENUE :-

Indradhanush Auditorium, Sector-5, Panchkula, Haryana

IMPORTANT!

Please wait for a very very surprising never before announcement

Exclusively for IIHP Life Members

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Prof. Dr. V. K. Gupta Dr. M. A. RAO Dr. Ravinder Kochhar Dr. G. Srinivasulu National President of Honour National President National Secretary General National Finance Secretary

The Vital Principle or Prana

Dr. Rachna Srivastava M.D. (Hom.) The Healthy Way, Homeopathic Clinic Indira Nagar, Lucknow



Science today has discovered that human body has an energy field that surrounds and permeates the body, which is referred as the "Biofield". This biofield is also believed to have electromagnetic qualities.

In Indian yogic philosophy, it is known since ages that human body is not just the physical body we see, instead it is composed of 5 bodies or layers imbibed in each other to make it a complete whole living entity.

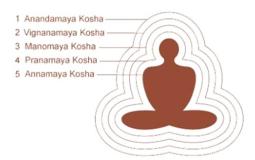
Panch Kosh or the 5 bodies:

The 5 bodies or layers range from the dense organic body to the more subtle levels of emotions, mind and spirit. The physical body cannot exist without contact with the other koshas.

The 5 bodies are as under:

- Annamaya kosha Sthul Shareer or the physical body
- Pranamaya kosha Prana Shareer or the ethereal body
- Manomaya kosha Mann Shareer or the mental body
- Vigyanamaya kosha Karan Shareer or the causal body
- Anandamava

kosha - Anand Shareer or the bliss body



Amongst these 5 bodies (collectively referred as panch kosh) our immediate concern here is for the second sheath i.e., the Prana Shareer or the "Prana". Throughout history, it has had many names and been described in many ways. It is the "Pranamaya kosh" or the "ethereal body" or the "chi" in Chinese. It is the same "life force" or "the vital force" or "the vital principle" or "dynamis" of which Hahnemann has referred to in his Organon of Medicine. The term "vital force", first appears in the 5th edition of the Organon of Medicine published in 1833. In the 6th edition, the same is changed to "Vital Principle". This was the first introduction to the medical world (other than Yogic philosophy) of the rational concept of life itself.

Prana (The Vital Principle) -

Pranamaya kosha or the Prana Shareer is the energy sheath which is the second of the five layers, or sheaths, of the body and is said to be composed of prana or the life force energy. As such, pranamaya kosha is the vital shell of the body that contains life. The existence of pranamaya kosha is what differentiates the living from the dead. All living things have this integrated force that maintains and directs life by supporting all biophysical and biochemical processes.

Yogic texts tell us that Prana flows through 72,000 nadis, or energy channels, in the body, that make up the pranamaya kosha. Out of these three are important - the Sushumna, Ida and Pingala, which compose the kundalini system. These 72,000 Nadis interconnect the spinning energy centers, or chakras that collect, transform and distribute the energy. Even

though the form of this sheath is subtle, it is very similar to the form of the physical body. The pathways cannot be seen anatomically but the existence of some of them seems to have been proved indirectly by using acupuncture needles tipped with radioactive phosphorus.

Homeopathic medicines of higher dilutions act on this Kosh. Acupuncture, Reiki, Mesmerism and magneto-therapy also seem to be working on this Kosh. The sound healing therapies also work on it. The right type of sound can have the positive effect of harmonizing the "electric body" to help achieve optimal wellbeing.

Pranamaya kosha is what unites the body and mind. Prana enters the body via nourishment and breath. As such, an important way of working with pranamaya kosha is to perform pranayama, or breathing exercises. These are believed to have a positive effect on the energy system of the body. Breath is said to be the link for body, mind and spirit.

Pranamaya kosha, like all the koshas, is interactive and dependent upon the other layers of the body. As such, working with pranayama can also positively influence other koshas. Similarly, performing asanas, although considered to primarily influence annamaya kosha (the physical body), will also have a positive effect on pranamaya kosha.

Vital Force and the concept of Health, Disease and Cure:

Hahnemann categorically said that spiritual vital force is immaterial energy capable of permeating the entire material organism and is powerful to coordinate all the functions of the human body to preserve the health of the person. He clearly stated in his Organon that diseases do not originate on the physical level. The cause of illness lies in the vital force. In aphorism 12, Hahnemann says, "It is morbidly affected vital force alone that produces disease..." The derangement of the vital force occurs first and as a result of that our physical body becomes ill. Symptoms are only secondary changes – products of a deeper disturbance. They can only occur when there is a disruption in the energy field of the Prana, for which Hahnemann used the word "derangement". Illness causes holes and cracks in the ethereal body, through which negative energy can come in, for this reason, we are not able to absorb the best of the universal energy within ourselves.

But the above applies only in cases of non-miasmatic diseases. In, "The Chronic Diseases" Hahnemann clearly mentioned that in case of chronic diseases (those caused by a "chronic miasm"), the vital force alone cannot extinguish the disease. Hence it requires medicinal help (anti-miasmatic remedies) for its cure.

Homoeopathic remedies have a materialistic look but they have

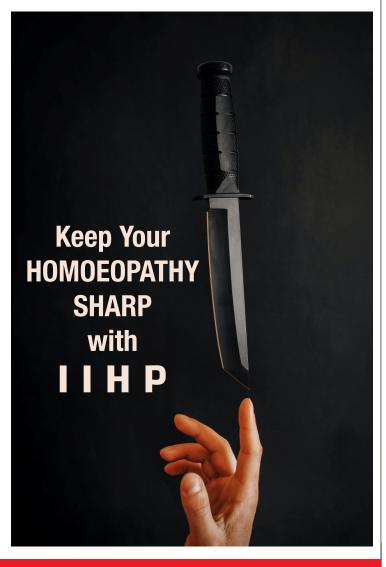
an immaterial action. Homeopathic medicines do not work materialistically on the physical body, but rather energetically on the dynamic level; on the prana shareer. It fills the gaps and the cracks in the prana sharer as a result of which the person is again protected from negative energy. When the dynamic level heals, this healing also extends to the physical body.

Only the real simillimum can perfectly restore the energy of the dynamic level and can lead to complete healing.

In the evolution of mankind, we find ourselves in a transitional period between the materialistic and the spiritual methods of treatment. The healing method that fits best into this transitional phase is Homeopathy. And our duty as homeopaths for the future and for the new age to come is to contribute to the unification of humanity and provide a better healthcare system.

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Reflecting the Light on Homoeopathic Treatment & Management of Male Sexual Weakness

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ABSTRACT

Male Sexual Weakness is a common health problem affecting men of all ages, but is more common with increasing age, it refers to the situation when a man has difficulty in getting a firm erection or an erection, which is required to achieve sexual penetration. Several cases of erectile dysfunction can cause impotency in a man. But today we can treat sexual weakness with homeopathic medicines without any side effects before that we need to understand right cause of Sexual weakness so that the holistic homeopathic treatment can be used and the right way of counselling to the patient is also helpful for achieving cure of this sexual weakness.

Keywords: Male Sexual Weakness, Erectile Dysfunction, Homoeopathic treatment and management of sexual weakness.

INTRODUCTION

A sexual problem, or sexual dysfunction, refers to a problem during any phase of the sexual response cycle that prevents the man or couple from experiencing satisfaction from the activity. Sexual health is an important part of a man's life, no matter his age, civil status, or sexual orientation. It is also an

important part of a couple's foundation and contributes to the quality of life. Sexual problems in men are very common and impact sexual health. Many problems with sexual health can be treated. Therefore, it is important for a man to discuss these issues with a physician. Male sexual weakness is a common health problem affecting men of all ages, but is more common with increasing age.

The main types of male sexual dysfunction are: Erectile dysfunction (difficulty getting/keeping an erection) Premature ejaculation (reaching orgasm too quickly). Male sexual weakness is difficulty experienced by an individual or a couple during any stage of a normal sexual activity, including physical pleasure, desire, preference, arousal or orgasm.

It is the inability to have a satisfactory sexual relationship. This definition depends on each person's own interpretation on what he judges satisfactory.

In general, sexual dysfunction can affect the quality of life and, even more importantly, can be the first symptom of another medical or psychological problem. Any sexual complaint should be taken seriously and evaluated.

ETIOLOGY

Sexual weakness in men can be a result of a physical or psychological problem.

Physical causes of overall sexual dysfunction may be:

Low testosterone levels

Prescription drugs (antidepressants, high blood pressure medicine)

Blood vessel disorders such as atherosclerosis (hardening of the arteries) and high blood pressure

Stroke or nerve damage from diabetes or surgery

Smoking

Alcoholism and drug abuse

Psychological causes might include:

Concern about sexual performance

Marital or relationship problems

Depression, feelings of guilt

Effects of past sexual trauma

Work-related stress and anxiety.

RISK FACTORS

Risk factors for sexual weakness in male include:

Age because testosterone concentration will decrease over the years

Alcohol consumption

Malnourishment

Smoking

Drug consumption

Conditions requiring medication that lowers testosterone, depression, benign prostatic hyperplasia (BPH), pain, and prostate cancer

PATHOPHYSIOLOGY

Penile erection is managed by two mechanisms: the reflex erection, which is achieved by directly touching the penile shaft, and the psychogenic erection, which is achieved by erotic or emotional stimuli. The former uses the peripheral nerves and the lower parts of the spinal cord, whereas the latter uses the limbic system of the brain. In both cases, an intact neural system is required for a successful and complete erection. Stimulation of the penile shaft by the nervous system leads to the secretion of nitric oxide (NO), which causes the relaxation of smooth muscles of corpora cavernosa (the main erectile tissue of penis), and subsequently penile erection. Additionally, adequate levels of testosterone (produced by the testes) and an intact pituitary gland are required for the development of a healthy erectile system. As can be understood from the mechanisms of a normal erection, impotence may develop due to hormonal deficiency, disorders of the neural system, lack of adequate penile blood supply or psychological problems.[17] Spinal cord injury causes sexual dysfunction including ED. Restriction of blood flow can arise from impaired endothelial function due to the usual causes associated with coronary artery disease, but can also be caused by prolonged exposure to bright light.

CLASSIFICATION

The most common sexual problems in men are:

Ejaculation disorders,

Erectile dysfunction, and

inhibited sexual desire.

Ejaculation disorders

There are different types of ejaculation disorders in men, including:

Premature ejaculation:

This refers to ejaculation that occurs before or soon after penetration.

Inhibited or retarded ejaculation: This is when ejaculation is slow to occur.

Retrograde ejaculation: This occurs when, at orgasm, the ejaculate is forced back into the bladder rather than through the urethra and out the end of the penis.

Erectile dysfunction

It is defined as the inability to maintain an erection suitable for intercourse. Causes of erectile dysfunction include diseases affecting blood flow, such as atherosclerosis (hardening of the arteries); nerve disorders; psychological factors, such as stress, depression, and performance anxiety (nervousness over his ability to sexually perform); and injury to the penis. Chronic illness, certain drugs, and a condition called Peyronie's disease (scar tissue in the penis) also can cause erectile dysfunction.

Inhibited sexual desire.

Inhibited desire, or loss of libido, refers to a decrease in desire for, or interest in sexual activity. Reduced libido can result from physical or psychological factors. It has been associated with low levels of the hormone testosterone. It also may be caused by psychological problems.

Clinical Features of Male Sexual Weakness

Regular or repeated inability to obtain or maintain an erection.

Cannot achieve a complete erection by excitement of mind and even by stimulation with hand. Complete absence of desire for coition.

Suffers Limp (feeble) penis with sometime veins visible on the skin of the penis, if there is an erection it is weak and soft. The top part of the organ (glans penis) remains soft.

Penile firmness or rigidity is of short duration, early discharge upon intimacy or lovemaking (fornication). Believes it is a bad effect of masturbation or excessive indulgence during sexual awakening during adolescence or youth (self abuse).

Experiences pain in the testicular region on occasions.

Precum leakage while speaking with fiancée or girl friend. "I have semen leakage from my genital" is a common reference, this includes night emissions. (Triggered by sensations in the head, mood depressions). Frequent emission which results in weakness of vision, low sperm count in semen, and other problems.

Constantly worried about normal sex life, mind is preoccupied with sexual thoughts with ruined nerves.

DIAGNOSIS

Further tests may help to diagnose Male Sexual Weakness Physical exam. This might include careful examination of your penis and testicles and checking your nerves for sensation.

Blood tests. A sample of your blood might be sent to a lab to check for signs of heart disease, diabetes, low testosterone levels and other health conditions.

Urine tests (urinalysis). Like blood tests, urine tests are used to look for signs of diabetes and other underlying health conditions.

Ultrasound. This test is usually performed by a specialist in an office. It involves using a wand like device (transducer) held over the blood vessels that supply the penis. It creates a video image to let your doctor see if you have blood flow problems.

This test is sometimes done in combination with an injection of medications into the penis to stimulate blood flow and produce an erection.

Psychological exam; ask questions to screen for depression and other possible psychological causes of erectile dysfunction.

TREATMENT & MANAGEMENT

Psychiatrists, psychologists, and sexologists can be involved in the management of sexual dysfunction. Psychiatrists or psychologists can especially help when the cause of the dysfunction is psychogenic. Therapies targeting cognition and behaviour usually have good success rates. Sexologists can also contribute to these therapies.

Sexual weakness by having a healthy lifestyle; exercise regularly, eat well, limit alcohol consumption, and quit smoking, if patient is a smoker. Lifestyle changes take time and effort, but the results are worthwhile.

HOMEOPATHY TREATMENT & HOMEOPATHIC REMEDIES

The Homeopathic approach towards the management of health issues is constitutional. The treatment considers the presenting problems - the signs and symptoms - along with the unique physical, mental and genetic make-up that individualize a person. Homeopathic medicines act at the roots of all ailments. They can rectify diversions of the hormones and get them back on track.

HOMEOPATHIC THERAPEUTICS

Acidum phos: Sexual power deficient. Spermatorrhoea. Parts relax during an embrace. Glans penis swollen. Semen is discharged shortly after or even before an erection occurs.

Agnus castus: Lowered sexual vitality resulting in mental depression. Lacks courage for sexual act. Parts cold and relaxed. Loss of semen on straining. Testicles painful. No erection. Patient has no desire for intercourse and remains sad and sterile.

Avena sativa: Sexual weakness due to too much indulgence; spermatorrhoea or mere nervousness. 20 drops a dose in hot water, three times a day.

Bufo rana: Partial impotence. Premature ejaculation and involuntary ejaculation.

Calcarea carb: Increased desire for intercourse. Irritability and weakness after intercourse. Too early an ejaculation.

Conium mac: Male has a weak organ but has intense desire and enormous thoughts but is unable to perform. He ejaculates at the very thought of a woman. The erection is weak, lasts for a short time or "the penis" relaxes during the act of embrace.

This condition can occur in both sexes as a result of too frequent indulgence or excessive abstaining. It is a good remedy for old bachelors and old maids. Man's eyes, wonder as virility declines – cannot perform without considerable help from the partner.

Damiana: Sexual coldness and absence of sperms in semen. Impotency and sexual weakness in old people or from nervous prostration.

Graphites: Increased desire, decreased ability. Too early or no ejaculation. Decided aversion to coitus.

Lecithinum: Male power lost or enfeebled. Absence of desire for sex. A man has lived a life of luxury and excesses. Has been unfaithful to several ladies in his younger days but now in advanced age has weak, thin semen and ejaculates earlier than his sex partner causing him embarrassment. Higher potencies will give satisfying results.

Nuphar lut: Complete absence of erection and desire. Penis is retracted and scrotum is relaxed. Unable to effect coitus. Mother tincture mixed with olive oil when rubbed on the penis makes it strong.

Nux vomica: Parts relax during embrace. Bad effects of excessive use of wine, women and high living. Testicles painful. Backache.

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Observational Study to Validate the Homoeopathic Treatment of Bell's Palsy

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Director Tattva Homoeopathic Research Center, Bangalore.

Member Scientific Committee IIHP

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Bell's Palsy is a type of facial paralysis that results in a temporary inability to control the facial muscles on the affected side of the face. Symptoms can vary from mild to severe. They may include muscle twitching, weakness, or total loss of the ability to move one and in rare cases, both sides of the face.

One response to severe stress is that the body's immune system is weakened. The weaker the body's immune system, the less functional is the body's system. A weakened immunity can lead to parts of the body not functioning correctly, such as with Bell's palsy.

Most people who have an episode of Bell's palsy will completely recover without complications. However, complications may occur in more severe cases of Bell's palsy. There may be damage of the seventh cranial nerve. Bell's palsy is not life-threatening condition, but it can produce symptoms similar to other more serious causes for facial paralysis, such as stroke or tumor like space occupying lesion.

Bell's palsy has also been associated with headaches, chronic middle ear infections, high blood pressure, diabetes, tumors, and Lyme disease among other things according to the National Institute of Neurological Disorders and Stroke.

Bell's palsy affects single nerve, the facial nerve, its symptoms mimic those of a stroke. A stroke is caused by a blood clot that stops blood flow to the brain or by a blood vessel that ruptures in the brain, while Bell's palsy in linked to the facial nerve damage. The facial nerve extends into 5 branches after its exit from the skull, namely, temporal branch, zygomatic branch, buccal branch, mandibular branch, cervical branch.

Causes of Bell's Palsy:

Although exact cause of Bell's palsy is unknown, but many medical researchers believe its most likely triggered by viral infection. Viruses that have been linked to Bell's palsy include viruses that cause; cold sores and genital herpes (herpes simplex) chickenpox and shingles (herpes zoster). Bell's palsy occurs when the seventh cranial nerve becomes swollen or compressed, resulting in facial weakness or paralysis.

The viruses/bacteria that have been linked to the development of Bell's palsy include,

- Herpes Simplex, which causes cold sores and genital herpes.
- HIV, which damages the immune system.
- Sarcoidosis, which causes organ inflammation.
- Herpes zoster virus, which causes chickenpox and shingles.

- Epstein-Barr virus which causes mononucleosis.
- Lyme diseases, which is a bacterial infection caused by infected ticks.

Symptoms of Bell's Palsy:

- The symptoms of Bell's palsy can develop one to two weeks after you have a cold, ear infection, or eye infection.
- They usually appear abruptly, and you may notice them when you wake up in the morning or when you try to eat or drink.
- Bell's palsy is marked by a droopy appearance on one side of the face and the inability to open or close your eye on the affected side. In rare cases, Bell's palsy may affect both sides of the face.

Other signs and symptoms of Bell's palsy include

- Drooling, Difficulty eating and drinking.
- Weakness of muscles of facial expression and nasolabial fold and muscle twitches in the face, Weakness of muscles of eyelid, inability to make facial expressions, such as smiling or frowning.
- Dry eye and mouth, irritation of the eye on the involved
- Headache and sensitivity to sound.
- Inability to wrinkle both sides of the forehead.
- Reduced lachrymation with ocular erythema/irritation.
- Reduced/lost sensation anterior 2/3rd of tongue.

Complications: Bell's palsy usually resolves in time and causes no long-term complications. However, during the illness most people with Bell's palsy are unable to close their eye on the affected side of their face. Complications may include irreversible damage to your facial nerve. Abnormal regrowth of nerve fibers. This may result in involuntary contraction of certain muscles when you are trying to move others. For example, when you smile the eye on the affected side may close.

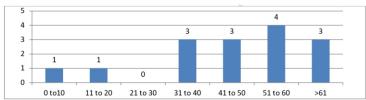
Case study: Total 15 cases Bell's palsy are taken for study during the second wave of Covid pandemic. Analytical study is discussed below.

SN	NAME	AGE	SEX		CAUSE	REMEDY	IMPROVED	CURED	
1	Chaitra	3 years	F	LEFT	Unknown	Aconite Cadmium sul		Cured	
2	Sheela	62 Yrs	F	RIGHT	Exposure to cold rain	Causticum		Cured	
3	R.Kumar	70 Yrs	М	RIGHT	Exposure to dry cold	Causticum		Cured	
4	Tasleem	14 Yrs F		RIGHT	Unknown	Causticum		Cured	
5	Raghu	38 Yrs	W	LEFT	Unknown	Aco,Gelsem	Improved		
6	Babu.M	42 Yrs	М	LEFT	Exposure to dry cold	Nux vomica	Improved		
7	Vinu	40 Yrs	F	LEFT	Abscess in front of ear	Hypericum	Improved		

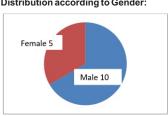
SN	NAME	AGE	SEX	SIDE	CAUSE	REMEDY	IMPROVED	CURED
8	S.Murali	60 Yrs	М	RIGHT	Drenching in rain	Phosphorus		Cured
9	Kappanna	56 Yrs	M	RIGHT	Unknown	Zincum met		Cured
10	Chandru	48 Yrs	М	LEFT Exposure to Cadi				Cured
11	Ramesh	65 Yrs	M	LEFT	Unknown	Curare		Cured
12	Raní	34 Yrs	F	RIGHT	Vestibular Schwannoma	Conium Arnica Thuja Causticum	Not Imporoved	
13	Satish	56 Yrs	М	Right	Unknown	Causticum	Not returned for follow up	
14	Alex	48 Yrs	M	Right	Exposure to cold	Causticum		Cured
15	Jayanna	52 Yrs	М	Left	Unknown	Nux vomica		Not returned for follow up

"An Observational Study to Validate the Homoeopathic Treatment of Bell's palsy in a Clinical Setup"

Distribution according to age group:



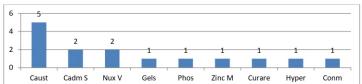
Distribution according to Gender:



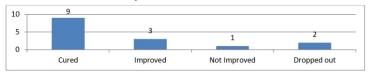
Distribution according to the side affected:



Distribution according to the remedy prescribed:



Outcome of Homoeopathic treatment:



Analysis:

Since the data were categorical in nature 'Sign' test was done to test the hypothesis. The obtained 'p' value is 0.0011, which is 'Highly significant'. This demonstrates that there is evidence to suggest Homoeopathic treatment may be effective in treating Bell's palsy.



Conclusion on Bell's Palsy treatment:

This observational study suggests that Homoeopathic treatment is effective in treating Bell's palsy. Interestingly most of these cases were seen during the Covid Pandemic between June to December 2020. This shows that there could be some affinity of the Covid virus towards the facial nerve. A weakened immunity does increase chances of contracting COVID as well as Bell's palsy. More study is needed to substantiate this finding.

The results are promising and quick in recovery. Along with the indicated medicine physiotherapy like massaging, warm applications, and covering of the face with warm clothes is useful. Identify the cause, understand the patho-physiology and the complications, then you can treat the patient

confidently. Only some severe organic causes and stroke like manifestation one should be cautious.

If we follow the guidelines of Hahnemann, we can treat with confidence and comfort. As stated in Organon of Medicine, 6th Edition, Aphorism #18;

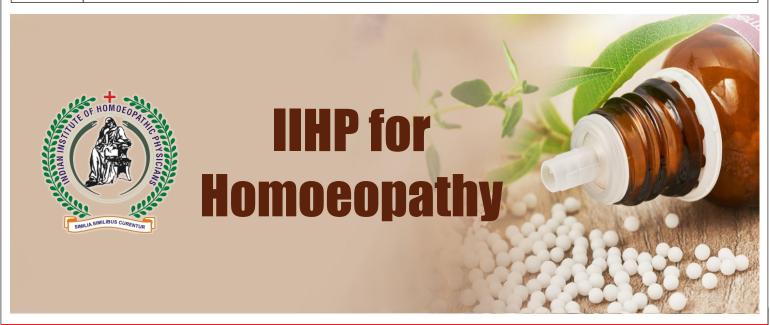
"From this indubitable truth, that besides the totality of the symptoms with consideration of the accompanying modalities, nothing can be any means be discovered in disease wherewith they could express their need of aid, it follows undeniably that the sum of all the symptoms and conditions in each individual case of disease must be sole indication, the sole guide to direct us in the choice of a remedy."

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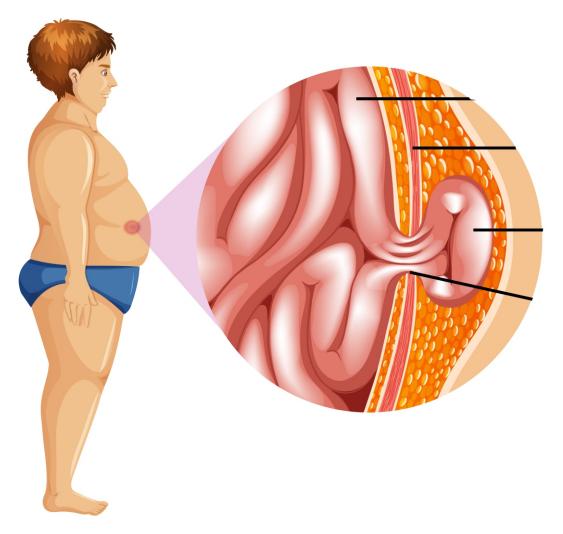


A CASE OF UMBLICAL HERNIA WITH ASCITES

DR. S.MURALI KRISHNA M.D (Hom),

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This case [patient] approached me on hearing that a similar case was recovered from my clinic. Of course, I have not recorded that case. That is also a wonderful experience in treating severe ascites. So, with lots of hope and confidence this new case came to my clinic.

But after seeing the situation of this case I felt really surprised and I am not sure that I can solve this problem. But he insisted me to handle his case on his assurance I started his treatment but this time I recorded the case. Total duration for this case is 5 months approximately. This patient is suffering from Alcoholic cirrhosis with Ascites, Bilateral pedal oedema and Umbilical hernia. He had the Habit of chewing tobacco and drinking alcohol. Draining of minimum 12 Litres of ascitic fluid every time of his admission, but in no time the same amount of fluid accumulates again.

Symptoms

Habits of drinking alcohol, chewing of tobacco and sedentary habits.

Temperament: Light complexioned, easily angered. Dirty skin and looking old. Aversion to water and washing.

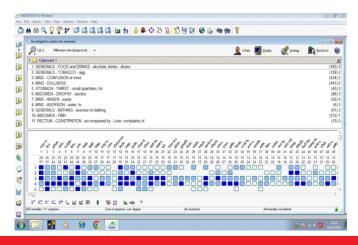
Pains are sharp and lancinating.

There is much pain in liver region and soreness of the liver Having constipation and passive congestion of portal system.

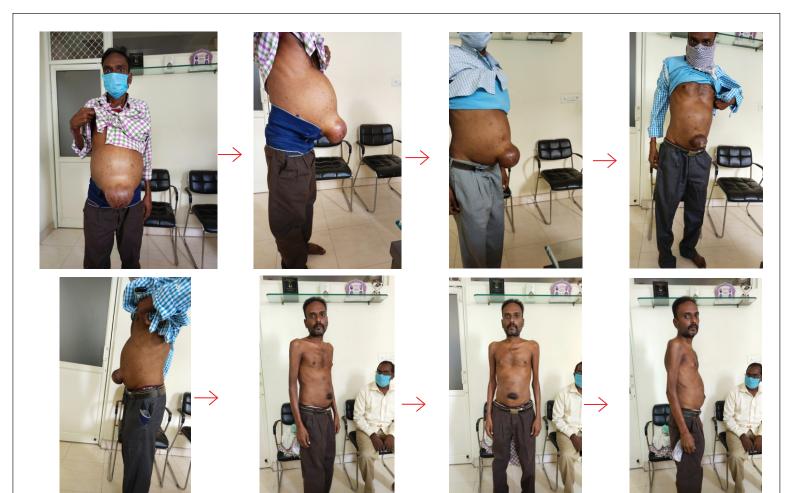
Dull and confused feeling in the morning and on waking.

Thirst for small quantities of water.

Chilly patient. Can not tolerate cold climate and weather.



3



Conditions that led to prescribe following medications

Nux vomica (57/29) was prescribed on the basis of Ailments brought on by the use of drastic medicines, sedentary habits, and spicy and rich food.

Conclusion of prescription

Constitutional remedy was Sulpher12(47/22) was given, selected 12th potency because patient had gross pathological changes were more and supported with Nux vomica 3x potency, intercurrently Arsenic album 30(46/20) one dose was given.

Selected remedies are great psoric remedies. These remedies were especially adapted to the treatment of chronic diseases.

Conditions that precipitate Umbilical Hernia

- Chronic health condition that raise abdominal pressure like carrying excessive belly fluid
- Chronic cough
- Chronic constipation.
- Obesity
- · Straining such as child birth and lifting weights

The First Prescription

Based on his totality of symptoms the 1st prescription was made

- **1.** Given 3 doses of Sulphur 12 potency 3 doses at 8 hourly interval (Dr. M.L. Tyler method)
- 2. Nux vomica 3x Water doses Daily once for 30 days.

After the 1st prescription patient started feeling little comfortable and was good at his sleep.

Condition after Second Prescription

- · Abdomen has slightly become softer.
- · Urination output has increased
- Thirst also increased and feeling of burning sensation all over the body,
- Now he was prescribed 3 doses of Arsenic 12 at 8th hourly interval and continued Nux 3x daily one dose for 30 days.
- Waiting for the result.

Condition after Third Prescription

- Patient was more comfortable and his belly was become much softer and taking his food good quantity.
- His LFT values were much improved.
- · Good sleep.
- No medicine but he was kept on placebo daily doses for next one month.

Conclusion

Patient became lot more comfortable and his belly had become much softer and he was taking his food good in quantity. He was feeling much more comfortable and the abdomen size had reduced drastically. Patient's attendants never expected this type of recovery under homeopathy. This is the power of homoeopathy.

MIASMATIC CORRELATION WITH ANATOMICAL STRUCTURE

Prof. Dr. Sunil R. Patil

M.D. (Hom.) Ph.D. (Scholar)

Principal Dhanvantari Homoeopathic Medical College & Hospital, Nashik (M.S.)

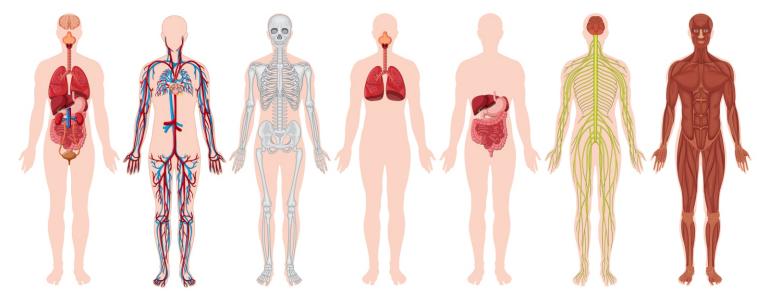


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Abstract:

The concept of miasm has been one of the most controversial subjects in homeopathy since Hahnemann presented his miasmatic theory. In fact, it has never been fully appreciated because it has never been fully understood and the text of Organon remains quite unintelligible unless viewed in the light of modern discoveries. In an attempt to answer various hypotheses, opinions and experiments are set off in quest for scientific coherence and have been presented as a practical therapeutic tool to enhance prescribing skills by different clinicians and researchers. In order to comprehend fully one must also first understand the state of medicine during Hahnemannian time. The purpose of this paper is to highlight the opinions of different authors about miasm and to develop a conceptual scientific correlation with anatomical structure.

Introduction

"It is foolish to reject the new just because it is new, but it is even more foolish to accept every new finding blindly without fully testing its validity when we have at hand all the means for sound procedure" H.A.Robert.

The word 'Miasm' derived from Greek meaning furrow or rut, being implicated that a person becomes stuck in a rut grooved into present time by past action. A similar Latin word 'miasma' is also identified with the meaning of which is pollution or stigma. It was the word loosely used during his time to express the morbific emanations from putrescent organic matter, vegetable or animal, polluting exhalations, malarial poisons or an aerial fluid combined with atmospheric air, the effluvia arising from the bodies affected by certain diseases which is regarded as infectious and others not.

Discussion:

Miasm & Affinity of organs

Psora:

- All superficial organs of ectodermic origin viz. skin and central nervous system.
- Bones and periosteum.
- Serous membranes (pleura, peritoneum)
- Vas deference, spermatic cord, fallopian tube.
- Stomach (greater curvature)
- Ureter and bladder with tip of urethra.

Sycosis:

- Throat.
- All connective tissue viz. muscles, joints, ligaments, tendons especially of pelvic and sexual organs.
- Stomach (lesser curvature)
- · Adrenal cortex.
- · Pancreas.
- Ovary and testes, prostate and vasico ureteric junction.

Syphilis:

- Skin and glands.
- Long bones and periosteum, palate.
- Special sensory organs (ear, nose, eye, tongue, skin)
- · Heart and blood vessels.
- · Ovary and testes.
- Thyroid.
- Stomach (pyloric end), appendix.
- Kidney and bladder, mucous membrane.

From the outset, Hahnemann did not set back after having being discovered the law of similia but continued in the quest for more scientific conclusion in various aspects. He was also the first among physician who connect biology and psychology with physics in a practical system of medical therapeutics giving an impulse to study and research in bio-dynamics which has indeed gain momentum continuously ever since. In order to preserve the blazing flame alive and to broaden the understanding of health-diseases process and clinical approach to treating many authors sincerely tried to explain and understand the concept of Hahnemannian miasm theory.

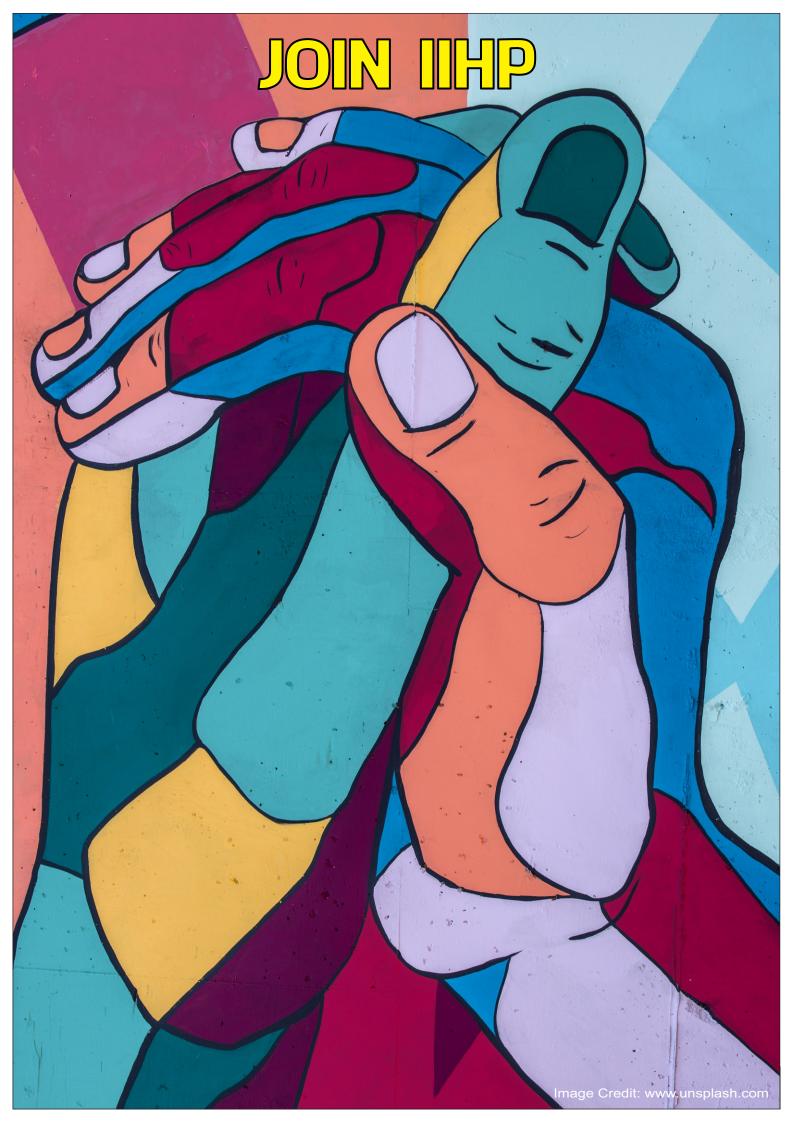
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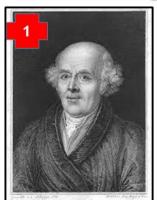
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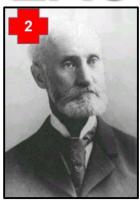
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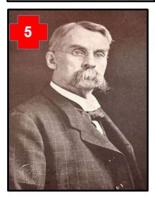
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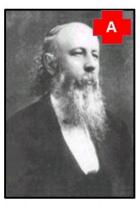








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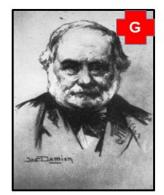














Last Quiz Answer Key

Dr.A.Kaumudi padma mala

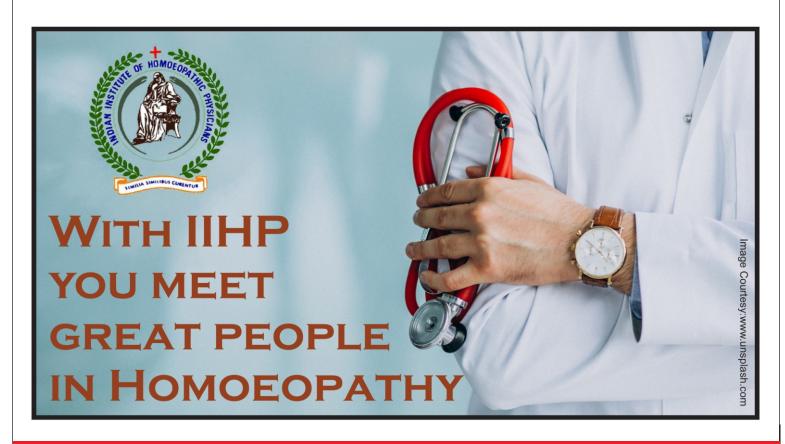
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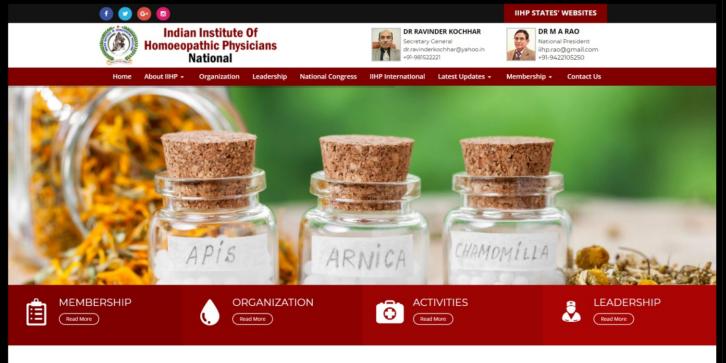
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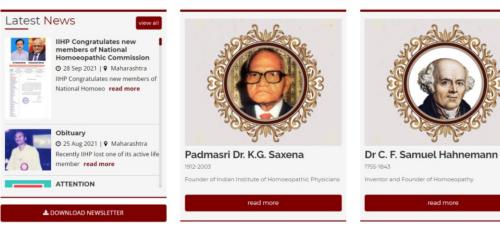
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